



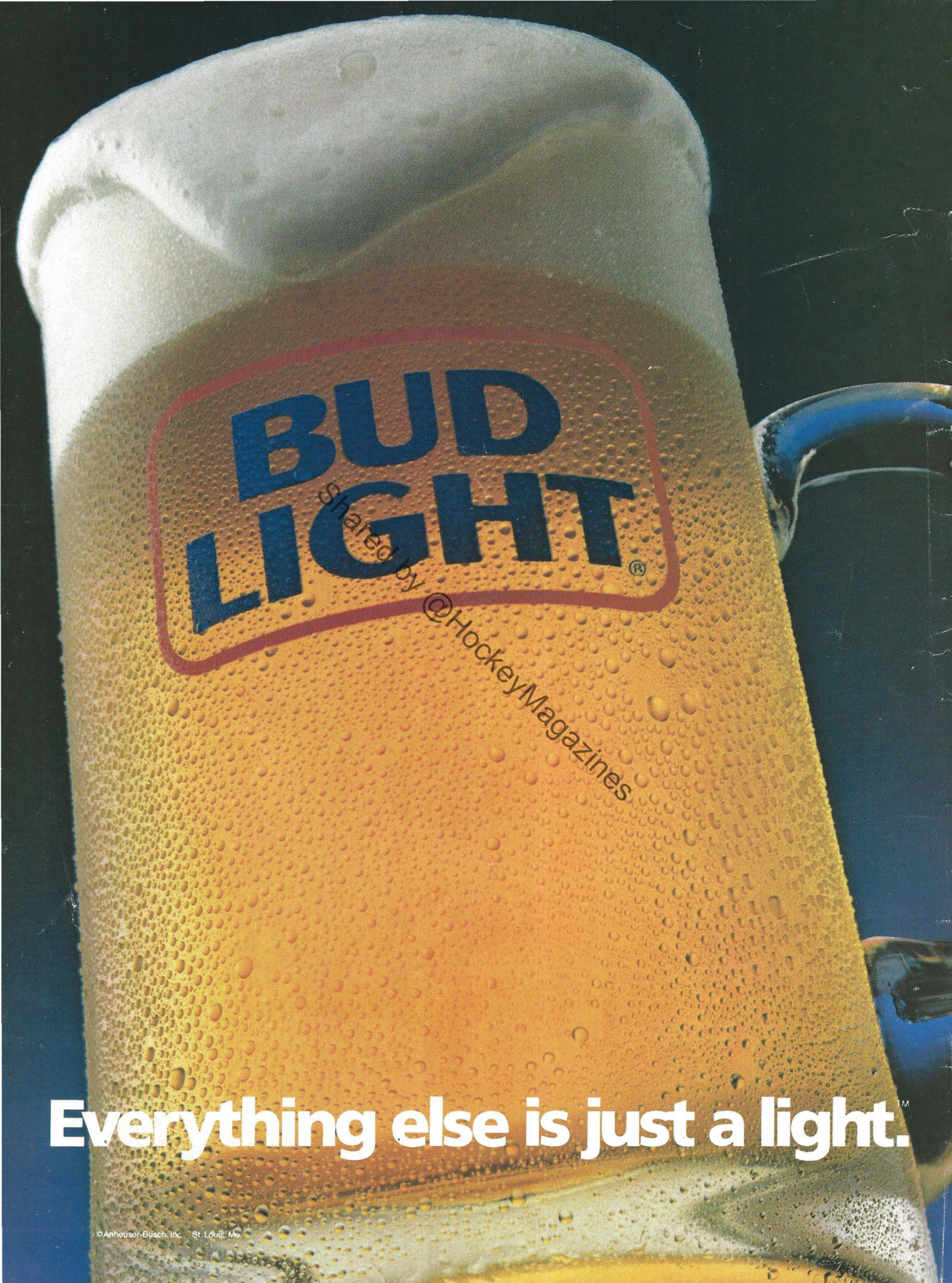
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THE 1989 STANLEY CUP PLAYOFFS



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Tel: (212) 697-1460

SAN FRANCISCO: Bud Elder, Bill Prucha
450 Sansome St., San Francisco, CA 94111
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ABE POLLIN

GOVERNOR- CHAIRMAN OF THE BOARD

Abe Pollin is arguably the biggest entertainer in the Washington metropolitan area. Period. More than 30 million people have come to his house—also known as Capital Centre—to watch his Washington Bullets and Washington Capitals and hundreds of concerts and family shows. Why even President Ronald Reagan has been over for a visit or two! It goes without saying that the entire Washington population is appreciative of Pollin's diligent efforts.

Pollin realized this dream to provide a facility where young and old alike could enjoy an evening of wholesome entertainment more than a dozen years ago—December 2, 1973 to be exact. But it wasn't easy. Inclement weather and legal roadblocks stood in the way but, through it all, Pollin persevered. Fifteen months after breaking ground Pollin had completed his first-class sports/entertainment facility.

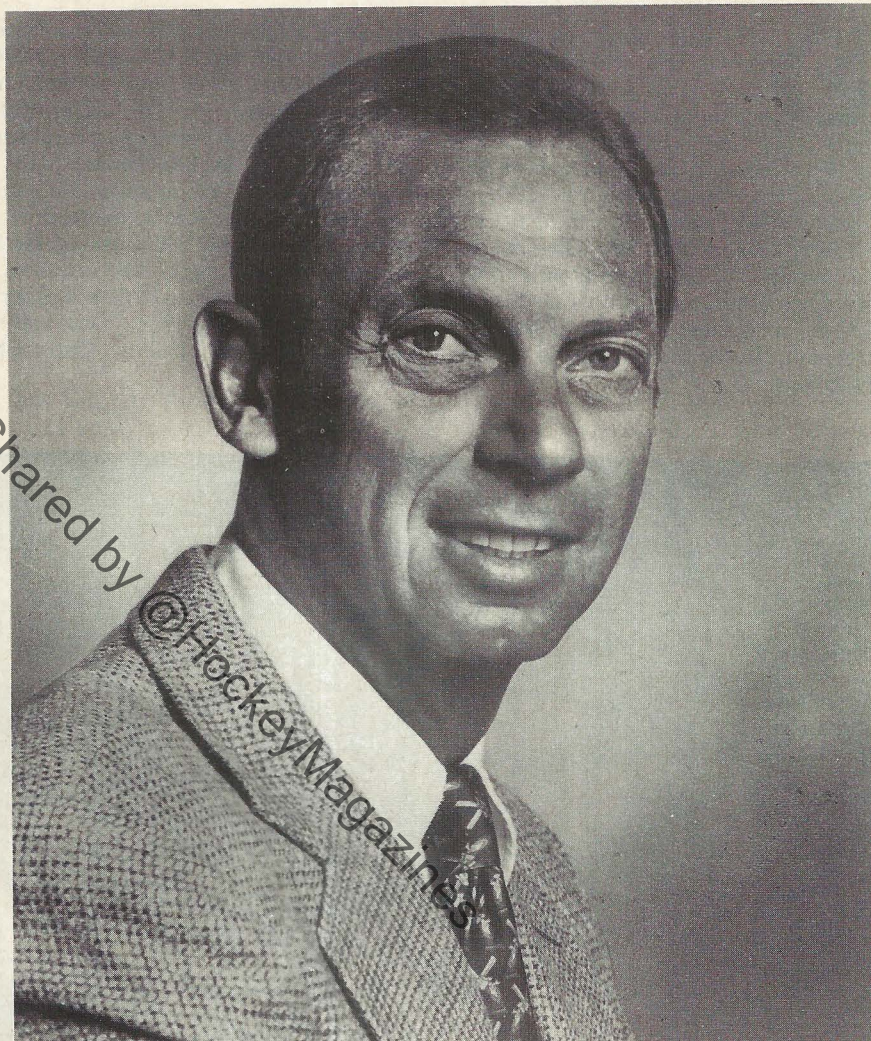
As in the case of building the arena on schedule, the odds were often against Pollin, as usually is the case with men of vision who are not afraid to dare or confront a challenge.

In 1980, Pollin defied the doomsayers. Many thought that Pollin, after undergoing quadruple bypass heart surgery, would abandon the topsy-turvy world of professional sports for health reasons. However, Pollin rebounded with panache, becoming an avid walker and staying as active as ever in his business interests.

Clearly, Pollin does not acknowledge the meaning of the word "impossible." No one should tell him he cannot do something. He is not easily discouraged.

Born December 3, 1923 to Morris and Jennie Pollin, Abe was raised in a close family atmosphere with his two brothers, Harold and Jack. After his family moved from his birthplace of Philadelphia to Washington, he toiled as an early morning laborer in his father's plumbing/contracting business. Following his graduation from George Washington University in 1945, he continued in the family business, which was renamed Morris Pollin and Sons and had expanded into construction. By 1957, he had decided to become "the master of his own destiny" and formed his own construction business.

His adventurous nature soon resulted



in construction contracts for apartment and office buildings throughout the metropolitan area. He won countless awards for construction and design, and holds the distinction of being the first Washington contractor to build an apartment house with a swimming pool on the roof.

In 1964, sports became next on the list of Pollin's endeavors. Collaborating with partners, he purchased the NBA Baltimore Bullets for \$1.1 million—a record amount at the time. Four years later, he purchased complete ownership from his two investors and became the team's sole owner.

Despite the team's success on the court, attendance continued to lag. Pollin soon faced the financial necessity of either selling the team or moving it to a more lucrative market. Since the Bullets already had become a vital part of his life, the

choice was simple. Thus he looked southward to create a sports/entertainment facility worthy of the nation's capital. His choice of location placed the new arena within a 30 minute drive of three million people and within 45 minutes of four million.

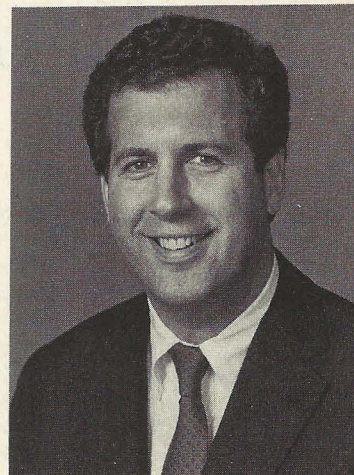
Despite his responsibilities as chairman of the board of the Capital Centre and president of the Bullets and the Capitals, Pollin is a devout family man and a recognized leader in community service.

Pollin's wife, Irene, is a humanitarian in her own right with a distinguished career as a psychotherapist. The couple resides in Bethesda, Md., and are avid travelers. Their older son, Robert, and his wife, Sigrid, live in Riverside, Cal. with their daughters, Emma Linda and Hanna Martha. Their younger son, Jim, lives in New York City.

RICHARD PATRICK

PRESIDENT

Dick Patrick begins his fourth season as the Capitals president following three years as executive vice-president... Dick was born in Victoria, B.C., Canada in 1946... He received his undergraduate degree at Dartmouth College, and graduated from law school at American University... Serves as a partner in the law firm of Lewis, Patrick and Moore, located in Tysons Corner, Va., and is also a partner in a commercial real estate company, Tycon Developers of Tysons Corner... Became the fifth member of the hockey-famous Patrick family to join the NHL ranks in a management-related capacity... His grandfather, Lester Patrick, after whom the Patrick Division is named, was general manager of the NY Rangers for 20 years... His father, Muzz Patrick, played, coached and managed the Rangers for nine years... His uncle, Lynn Patrick, also played for the Rangers, and served as general manager of the Boston Bruins and St. Louis Blues... His cousin, Craig Patrick, was the Ranger GM for six seasons, and also played for the Capitals from 1976 to 1979... Dick and his wife, Deborah, make their home in Virginia with their children, Hillary, Christopher and Elizabeth.





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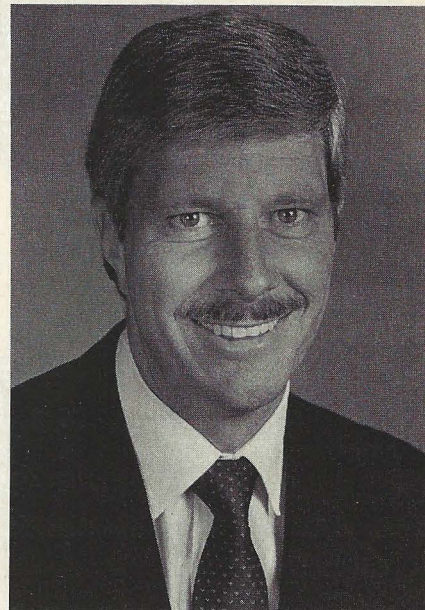
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DAVID POILE

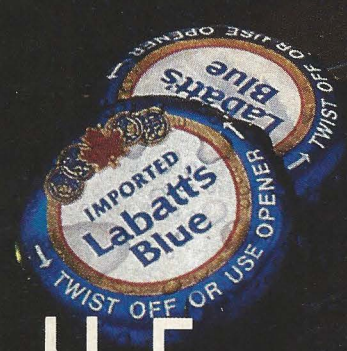
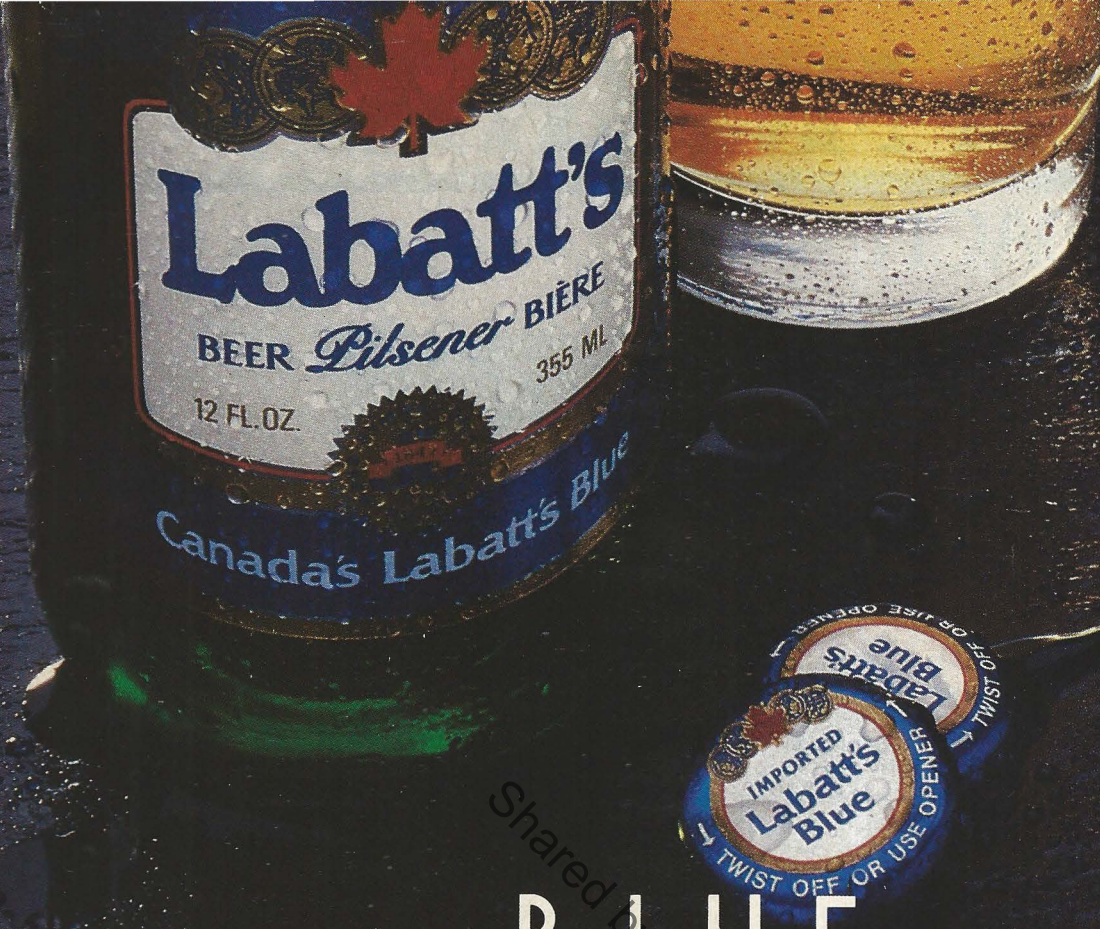
VICE PRESIDENT- GENERAL MANAGER

David Poile came to the Washington Capitals as general manager in September of 1982 and immediately put together the Capitals' first playoff team... Was responsible for bringing in such talented players as Rod Langway, Pete Peeters, Larry Murphy, Mike Ridley and Kelly Miller... The Capitals have also made good use of their draft picks since David became GM, as Yvon Corriveau, Kevin Hatcher, Steve Leach, Jeff Greenlaw and Michal Pivonka figure prominently in the Capitals' immediate plans... David was honored as the NHL's Executive of the Year by the *Sporting News* in each of his first two seasons... David began his hockey-management career with the Atlanta

Flames... Was named assistant general manager of the Flames, a position he held for six years before taking his present job with the Capitals... A native of Toronto, Ontario, Poile attended Northeastern University in Boston, earning a degree in business administration... David was team captain of the Northeastern hockey team his senior year, and was the leading scorer and most valuable player... His father, Norman "Bud" Poile, was a former player and was the general manager of the Philadelphia Flyers and Vancouver Canucks... "Bud" is currently president of the International Hockey League... David and his wife, Elizabeth, make their year-round home in Maryland with their children, Brian and Lauren. ●



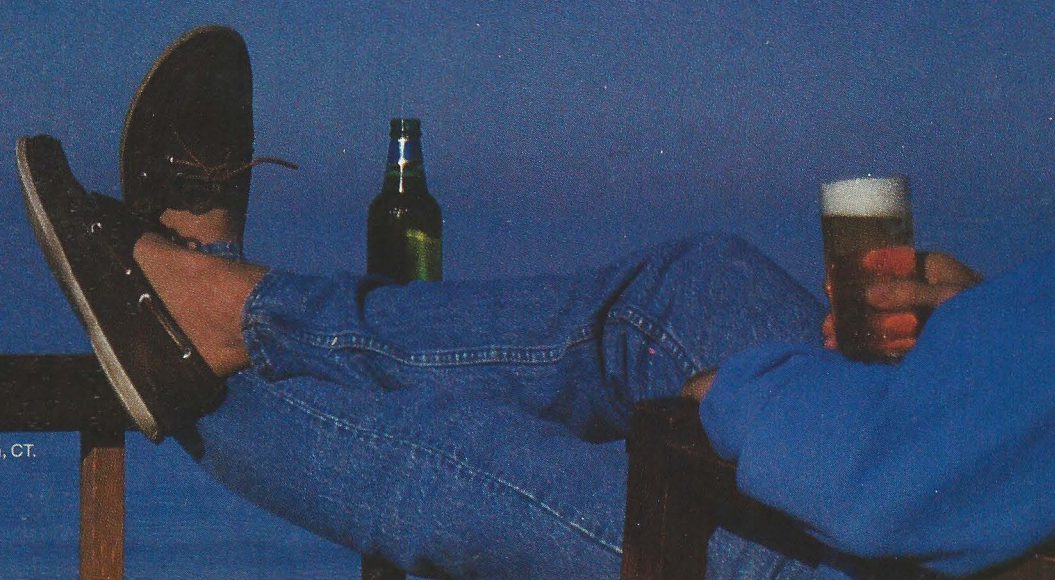
David Poile greets Washington's Number One Pick in the 1988 Entry Draft, Reggie Savage.



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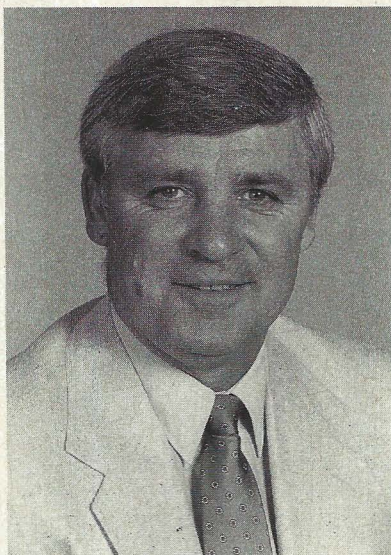


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BRYAN MURRAY

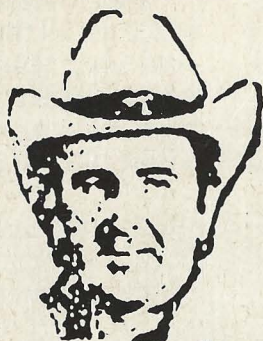
HEAD COACH

Bryan has been one of the most successful coaches since he joined the NHL coaching ranks in 1981... Only Edmonton's Glen Sather has coached his current team longer than Murray... Has led the Capitals to the playoffs for six consecutive seasons... Coached the Capitals to a 50-win season in 1985-86... Has guided the Capitals to five consecutive second place finishes after finishing third in 1982-83... Is fourth among active coaches in wins (284) and third in winning percentage (.576)... The Capitals have averaged 43 wins and 96 points in the six full seasons he has coached... Won the Jack Adams Trophy as the NHL Coach of the Year in 1983-84... Began his professional coaching career with the Hershey Bears of the American Hockey League in 1980-81, leading them to their best record in 40 seasons... Began his amateur coaching career in Shawville, where he won five league championships in his last six years... Took over the coaching reigns of the Regina Pats of the WHL, leading them to the WHL title in 1979-80... Murray is a graduate of McGill University, and also served as their athletic director and head hockey coach for four years... Bryan and his wife, Geri, live in Maryland with their two daughters, Heide and Brittany. ●



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COACHES/ CAPITALS HOCKEY MANAGEMENT

DOUG MACLEAN

Assistant Coach

Begins his first season as a Capitals assistant coach after serving two years in that capacity with St. Louis... Was in charge of pre-scouting, video and statistical information of players as well as much on-ice instruction while with St. Louis... Before joining the Blues, MacLean served as head coach at the University of New Brunswick... Received a master's degree in educational psychology at the University of Western Ontario... Played collegiate hockey at University of Prince Edward Island... Doug and Jill live in Ontario with their son, Clark, during the off-season.

WARREN STRELOW

Goaltending Coach

Considered by many NHL experts to be the best goaltending coach in the league... Is serving his sixth season as the "goaltending guru" for the Capitals... Warren has gotten positive results wherever he has worked... Spent seven seasons as an assistant coach to Herb Brooks while at the University of Minnesota... The Gophers won three NCAA championships during Warren's tenure there... Strelow's next stop was as the goaltending coach of the 1980 Gold medal-winning US Olympic Hockey Team... After working three seasons for NHL Central Scouting, Warren became the Capitals goaltending coach in 1983-84... His appointment paid immediate dividends as the Capitals goaltending tandem of Al Jensen and Pat Riggin won the Jennings Trophy for lowest goals-against average... Since his arrival in Washington, the Capitals have compiled the NHL's lowest goals-against average (3.13)... Was a former varsity hockey and baseball coach at Mahtomedi High School in Minnesota... Warren and his wife, Karlene, make their home in Minnesota with their sons, Rick and Tom.

JACK BUTTON

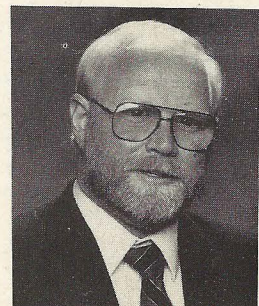
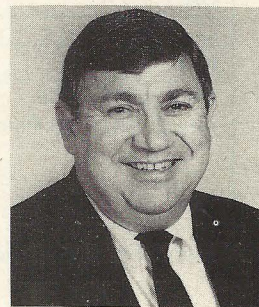
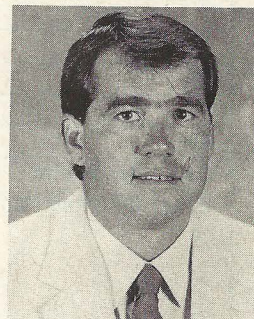
Director of Player Personnel and Recruitment

If it skates, chances are that Jack Button watched it last season... Considered by many to be one of the most organized, thorough and knowledgeable hockey executives among team scouts... It was his time and effort that was largely responsible for Michal Pivonka's defection to the United States... Coming into this season, all of Button's first round selections have played for Washington... Button was a former publicity director for the Rochester Americans... Later moved to the Pittsburgh organization, first with their farm team in Amarillo in 1968-69, and later as Director of Player Personnel and General Manager with the Penguins... Has been in a hockey management position for over 25 years... Jack makes his year-round home in Pierrefonds, Quebec with his wife, Bridget, and their sons, Craig, Tod and Sean.

HUGH ROGERS

Coordinator of Scouting

Begins his first season as the Capitals assistant director of player recruitment after spending two seasons as the Capitals scout in Ontario... Spent eight seasons in the OHL... Was head scout of the Windsor Spitfires for two seasons... Worked with the Ottawa '67's when they won the Memorial Cup in 1984... Coached minor hockey in Canada for 14 seasons prior to working in the OHL... Hugh is single and lives in Waterloo, Ontario.



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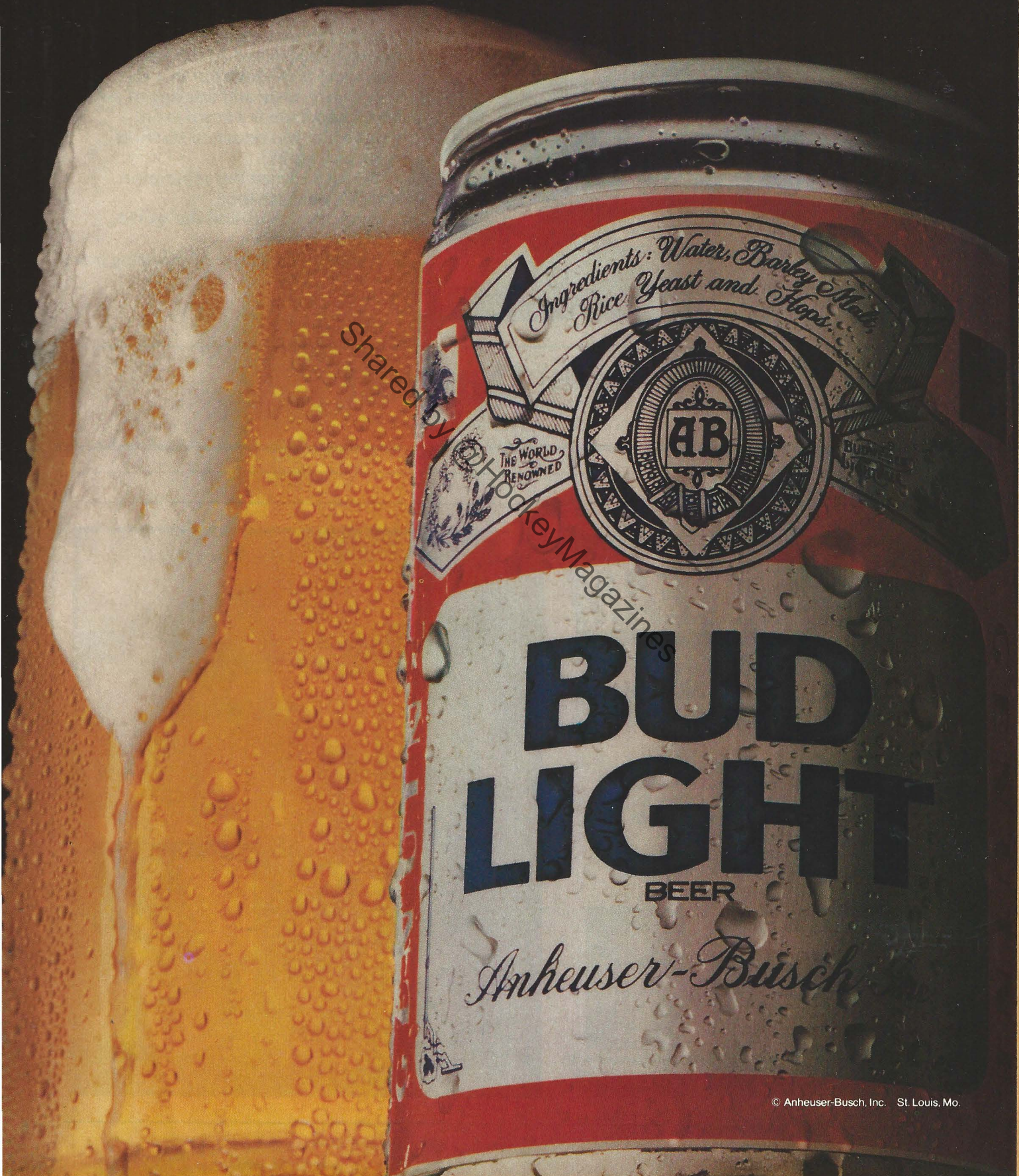
ALL-TIME CAPITALS STATISTICS 1974-88

REGULAR SEASON							REGULAR SEASON						
Player	Years	GPI	G	A	PTS	PIM	Player	Years	GPI	G	A	PTS	PIM
Adams, Greg	83-88	330	55	98	153	279	Godin, Eddy	77-79	27	3	6	9	12
Adams, John	74-75	8	0	0	0	2	Gould, Bob	81-88	525	129	129	258	411
Anderson, Murray	74-75	40	0	1	1	68	Green, Rick	76-82	377	31	127	158	381
Anderson, Ron	74-75	28	9	7	16	8	Greenlaw, Jeff	86-87	22	0	3	3	24
Andersson, Peter	83-85	99	3	17	20	41	Gryp, Bob	74-76	73	11	13	24	33
Arnason, Chuck	78-79	13	0	2	2	4	Gustafsson, Bengt	79-86	557	178	308	486	178
Atkinson, Steve	74-75	46	11	4	15	8		86-88					
Bailey, Ace	74-78	207	43	71	114	162	Hangsleben, Alan	79-81	130	16	27	43	262
Barrett, John	86-87	69	2	5	7	55	Hatcher, Kevin	84-88	230	32	53	85	400
Beaudoin, Yves	85-88	11	0	0	0	5	Haworth, Alan	82-87	346	129	139	268	249
Bedard, Jim	77-79	73	0	2	2	10	Henderson, Archie	80-81	7	1	0	1	28
Belhumeur, Michel	74-76	42	0	3	3	10	Hextall, Dennis	79-80	41	3	10	13	92
Bennett, Harvey	75-77	67	14	16	30	73	Hicks, Doug	81-83	18	0	1	1	18
Bergeron, Michel	78-79	30	7	6	13	7	Hidi, Andre	83-85	7	2	1	3	9
Bidner, Todd	81-82	12	2	1	3	7	Holt, Randy	81-83	123	2	14	16	525
Blomqvist, Timo	81-85	223	4	51	55	264	Houlder, Bill	87-88	30	1	2	3	10
Bloom, Mike	74-75	69	7	19	26	84	Houston, Ken	82-84	75	25	14	39	97
Blum, John	86-87	66	2	8	10	133	Hryciuk, Jim	74-75	21	5	5	10	12
Bolochuk, Larry	75-78	59	3	9	12	91	Hunter, Dale	87-88	79	22	37	59	238
Bouchard, Pierre	78-82	106	8	15	24	44	Inness, Gary	78-81	54	0	2	2	8
Boutin, Rollie	78-82	22	0	1	1	6	Jarvis, Doug	82-85	265	31	81	112	70
Braghano, Rick	75-79	145	15	35	50	46	Jarvis, Wes	79-82	144	21	41	62	56
Brooks, Gord	74-75	38	1	10	11	25	Jensen, Al	81-87	173	0	3	3	44
Brössart, Willy	74-76	61	1	8	9	54	Jensen, Dave	85-87	56	9	9	18	16
Bulley, Ted	82-83	39	4	9	13	47	Johnston, Jay	80-84	6	0	0	0	4
Burton, Nelson	77-78	8	1	0	1	21	Joly, Greg	74-76	98	9	24	33	72
Calder, Eric	81-84	2	0	0	0	0	Jones, Ron	74-76	21	1	1	2	16
Camazzola, Tony	81-84	3	0	0	0	4	Kastelic, Ed	85-88	73	2	1	3	234
Carpenter, Bob	81-87	422	177	190	367	397	Kaszycski, Mike	79-80	28	7	10	17	10
Carroll, Greg	78-79	24	5	6	11	12	Kelly, Bob	80-82	96	26	40	66	169
Cassalato, Tony	79-82	23	1	6	7	4	Kindrachuk, Orest	81-82	4	1	0	1	2
Cavallini, Paul	86-88	30	2	5	7	74	Kinsella, Brian	75-77	10	0	1	1	0
Charron, Guy	76-81	320	118	156	274	54	Kryskow, Dave	74-75	52	9	15	24	83
Christian, Dave	83-88	396	156	185	341	91	Labre, Yvon	74-81	334	12	84	96	756
Clement, Bill	75-76	46	10	17	27	20	Laframboise, Pete	74-75	45	5	10	15	22
Clippingdale, Steve	79-80	3	0	0	0	0	Lalonde, Ron	74-79	291	35	58	93	90
Collins, Bill	76-78	128	21	23	44	44	Lampman, Mike	75-77	49	13	17	30	32
Corriveau, Yvon	86-88	63	11	10	21	108	Lane, Gord	75-80	245	10	43	53	614
Coulis, Tim	79-80	19	1	2	3	27	Langway, Rod	82-88	451	22	130	152	332
Cowick, Bruce	74-75	65	5	6	11	41	Laughlin, Craig	82-88	428	110	173	383	284
Crawford, Bob	87	12	0	0	0	0	Leach, Steve	85-88	34	3	2	5	25
Crozier, Roger	76-77	3	0	0	0	0	Ledyard, Grant	87-88	21	4	3	7	14
Currie, Glen	79-85	307	38	77	115	91	Lehtonen, Antero	79-80	65	9	12	21	14
Duchesne, Gaetan	81-87	451	87	138	225	251	Leinonen, Mikko	84-85	3	0	1	1	2
Dupere, Denis	75-76	53	20	15	35	8	Lemieux, Jean	75-78	64	13	25	38	4
Edgerg, Rolf	78-81	184	45	58	103	24	Lesuk, Bill	74-75	75	8	11	19	77
Egers, Jack	74-76	26	6	5	11	16	Lofthouse, Mark	77-81	141	31	30	61	42
Engblom, Brian	82-84	79	5	23	28	67	Low, Ron	74-77	145	0	0	0	10
Erickson, Bryan	83-85	102	27	30	57	39	Lowdermilk, Dwayne	80-81	2	0	1	1	2
Evans, Daryl	85-86	6	0	1	1	0	Lundrigan, Joe	74-75	3	0	0	0	2
Evason, Dean	83-85	17	3	4	7	4	Lynch, Jack	74-79	233	18	57	75	202
Forbes, Dave	77-79	79	11	12	23	121	MacKinnon, Paul	79-84	147	5	23	28	91
Forsyth, Alex	76-77	1	0	0	0	0	Malarchuk, Clint	87-88	54	0	2	2	10
Franceschetti, Lou	81-88	264	29	48	77	439	Marson, Mike	74-79	193	24	24	48	228
Fullan, Larry	74-75	4	1	0	1	0	Martin, Grant	85-87	20	0	1	1	10
Galley, Garry	87-88	76	8	33	41	97	Maruk, Dennis	78-83	343	182	249	431	365
Gardner, Paul	84-85	12	2	4	6	6	Mason, Bob	83-87	60	0	1	1	0
Gartner, Mike	79-88	712	371	363	734	699	McAdam, Gary	83-84	24	1	5	6	12
Gibson, Doug	77-78	11	2	1	3	0	McEwen, Mike	84-85	56	11	27	38	42
Gilbertson, Stan	74-76	56	24	21	45	18	McGeough, Jim	81-85	15	3	0	3	12
Girard, Bob	77-80	132	18	29	47	42							

continued on page 80

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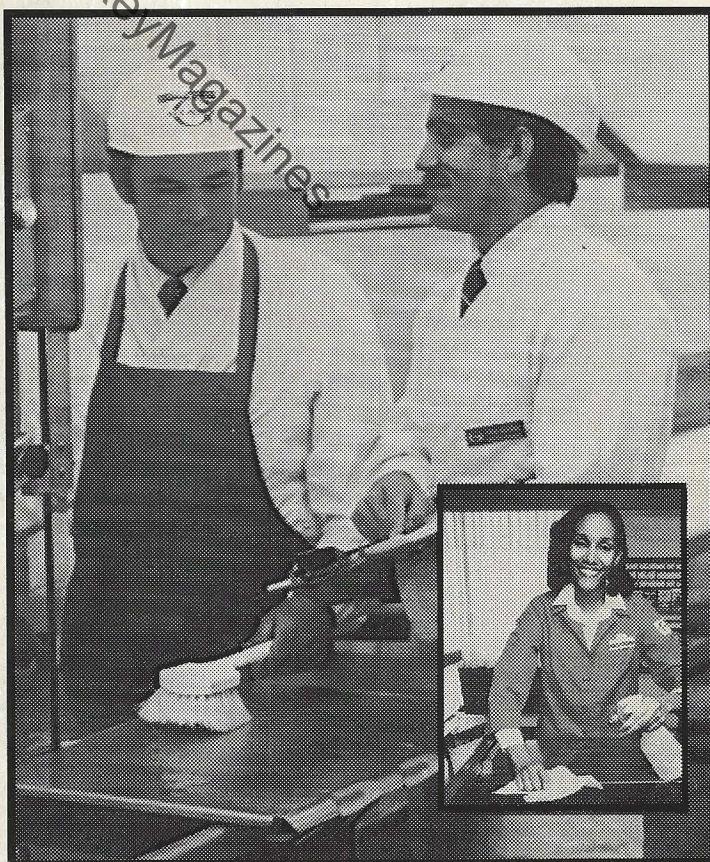
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RIDLEY'S RAPID RISE FUELS CAPITAL OFFENSE

BY DEAN SCHUYLER

Beneath the calm exterior of Mike Ridley, there burns a competitive fire that may someday take him to the upper echelons of stardom in the National Hockey League. In the first half of this, his fourth NHL season, Ridley scored 25 goals and added 17 assists to lead his team in scoring with 42 points. Comparable figures one season ago were: 13 goals, 10 assists; 23 points.

After 46 games, Ridley had already taken 111 shots on goal. He took 134 all of last season. It was evident that this year's Washington Capitals needed more offensive production. By mid-season, it was clear that Ridley would lead the way.

The 25 year old center iceman from Winnipeg had finished last season strongly, with 13 goals and 18 assists in his final 25 games. With six goals and eleven points in fourteen playoff games, he continued his fine play into the post-season.

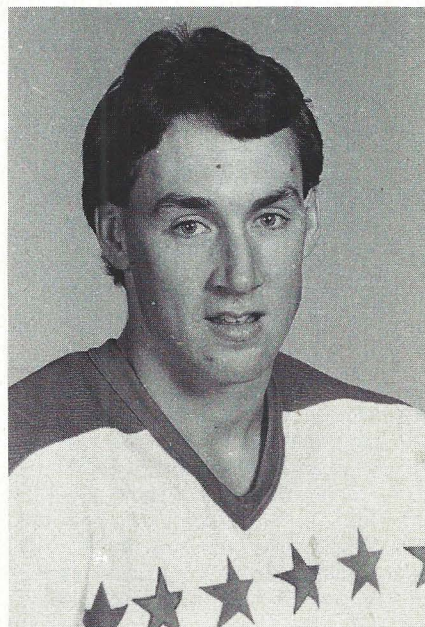
"I'm playing the same now as I was the second half of last year and in the playoffs," Ridley said, prior to the Capitals' January homestand. "I feel comfortable and confident. A lot of it is in my head. I'm not getting down anymore. It's been a lot more enjoyable for me."

Even more significant than goals and assists, Ridley seems to have conquered the perfectionism that has dogged him. "It's the same thing that happened to me early in college and my first year in the juniors. I wouldn't meet some standard I had set, and I'd get down quickly. As my hockey skills improved and as I got more used to my surroundings, it got easier for me."

This summer, Ridley worked hard to be less hard on himself. "I would picture myself in situations in which I didn't achieve what I wanted to. For example, I'd shoot and hit the post. I would consider the alternatives. I could try harder, or I could sulk."

"Last game, for example, I had missed every chance even though I think I was playing pretty well. I told myself: 'Gee, I can hardly wait 'til the next shift to get it going.'"

When Ridley saw the effect his reactions were having on some of his teammates,



that was a compelling reason to change. When he became aware that similar outcomes came to other shooters, he began to take it all less personally.

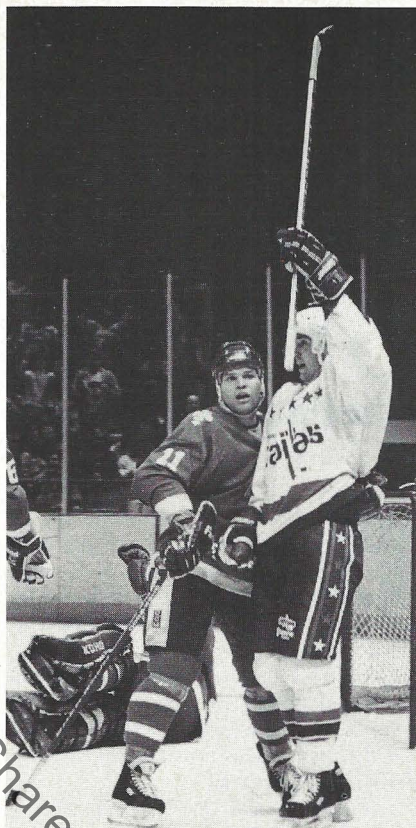
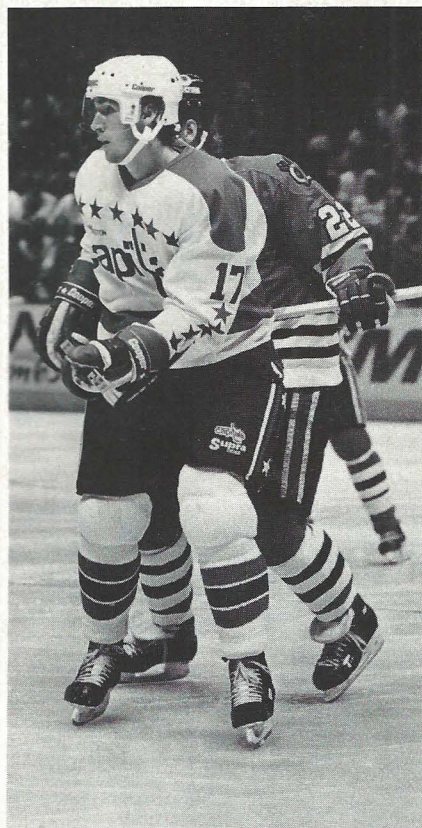
"Last game," he said, "I told Garts (former teammate Mike Gartner): 'Neither of us can buy a break.' We promised each other to keep going after it. It ended up that we got the third goal (in a 3-0 Caps victory over Toronto)."

Coach Bryan Murray is delighted with Ridley's success. "He worked very hard this summer on a leg strength program with Strength Coach Frank Costello. He's jumping on a lot of loose pucks this season. His strength has become a tremendous asset for him."

But there are additional factors to account for the rise in Ridley's production. "So many go into the game," he said. "The nutritionist (Dr. Pat Mann) has helped me out with diet, and I learned about the importance of fluid intake. Now I come home after a game and drink a half a gallon of liquid."

Although Ridley regards himself as a playmaker first and a goal scorer second, he put some big numbers in his hockey

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résumé beginning at age 18 in Tier II play. One year he scored 91 goals (but also had 100 assists!). In his two years at the University of Manitoba, he scored 39 goals (in 46 games) and 29 goals (in 30).

In 1985, he was given a trial with the New York Rangers and made the team in training camp. He led that team in scoring (22 goals, 43 assists) and was selected to the NHL All-Rookie team. The first half of his second year with the Rangers predicted an even better sophomore season.

Then came the sudden trade to Washington (with Kelly Miller and Bob Crawford for Bobby Carpenter and a 1989 second round draft pick) on January 1, 1987. It was sudden for Ridley, but the culmination of a lengthy effort by Capitals' GM David Poile.

"Given the circumstances, it was the most significant trade I've made," Poile said. "We had identified Ridley as an up and coming young player with offensive ability. In trading Carpenter, I knew we had to acquire some goal scoring. We looked at the goals he had scored against the Caps. We knew that in juniors, he had always scored goals. Most important, we knew that Ridley *liked* to score goals. The trade has worked out really well for us."

A great deal for Washington, it had been a real adjustment for Ridley. "The trade was tough, when you've never been traded before," he said.

"Now, I'd know what to expect. It took a full year to get it out of my mind. You have to leave people and a situation that's familiar. You don't get time to transfer

over, either. We came here, practiced the next day and played the next night."

There's one sure-fire way to know that the transition from New York to Washington is complete. Ask Ridley about his pivotal role in the Rangers' upset defeat of the Caps in the 1986 playoffs. "It was a good year (1985-86) for us," he said. "But, now that I'm here and I hear them go on about Washington's playoff troubles, I sometimes wish the Rangers would've lost that series!"

Capitals' coaches are unanimous about how difficult it is to convert a player from playmaker to goal scorer, once he's reached hockey maturity. Ridley's first-half performance would suggest he's made that transition too, and without giving up his playmaking ability.

"When a playmaker beats a man, he looks to set someone up," said Mike Gartner, a former Capitals offensive leader. "I look to drive to the net. (Wayne) Gretzky and (Mario) Lemieux can do either. I don't think it's possible to change. You would have to be exceptionally talented. There are few who can turn a switch and change."

In Ridley, Murray may have found that offensive contributor he knew Washington needed to complement Gartner and Dave Christian. "He's scored some unbelievable goals this year," Murray said of Ridley. "And he's finding more people open on a regular basis too."

In an early season game against Pittsburgh, Ridley scored four goals, rallying the Caps from 6-1 down. In a mid-season game against Chicago, Ridley had six assists, tying a Capitals team record.

Ridley and teammate Kelly Miller are friends, were traded to Washington together, and frequently play on the same offensive line. "I met Rids when we came to the Rangers," Miller said. "We played together at the start. Even when we're separated, we seem to always come back and play together. He's got that touch to put the puck in the net. He's always a threat to score. We have a certain chemistry. I can dump the puck and know he'll be there."

Murray finds no real contradiction between Ridley as the soft-spoken person and the fiery competitor. He predicts you'll see a lot of the young center iceman in the season's second half. "He's not outspoken; kind of shy," the Coach said. "He has a real sense of humor and is very warm to everybody. Mike Ridley expresses himself on the ice."

"Now, I can put him out in all situations. He's always going to play on a top line. And his line will spend a lot of time on the ice."

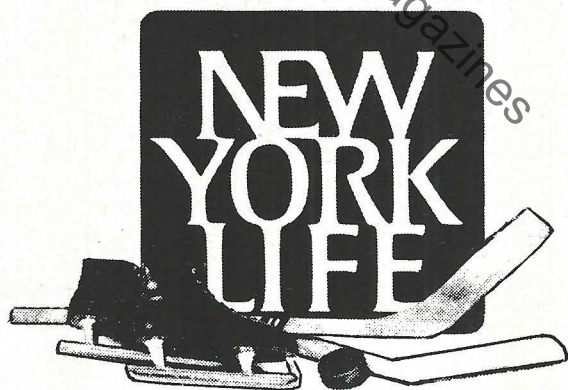
With only three and a half years of professional play under his belt, Ridley has accomplished a lot. He's well on his way to a career year. He has answered the Capitals' call for more goals. He continues to be generous in setting up his linemates. He has adapted comfortably to life and hockey in Washington. He has conquered a psychological selfdemandingness, and turned it into a competitive prod to succeed.

All this could not have come at a better time for the Capitals offense. Nor could it have happened to a more deserving guy.

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CAPITALS HEALTH CORPS

SOPHISTICATED AND READY

BY DEAN SCHUYLER

The group responsible for the health care of the Washington Capitals is a team within a team. It has been assembled by the decisions of several among Caps management over the years. It is safe to say that, over the fourteen year history of the franchise, the health care team is now at its highest level ever in sophistication and capability.

At the vortex of acute care there is Stan Wong, for three years the Capitals' Head Trainer. "I'm always the first guy out on the ice when there's an injured player," he said. "I try to relax him, calm him down and ask what the problem is. Often it's not as plain as it may seem.

"I do a systematic evaluation. To get it right, I have kept a close watch on the game. I try to help decrease the player's heart rate by encouraging deep, slow breathing. Most players have a good idea of what the injury is. But the player can be in momentary shock, and different people react differently. Some just say: 'I'm all right.' You have to know the player's personality."

An injured player may recover and remain on the ice, may go straight to the bench or may be taken to the locker room. He may be assisted off with or without a stretcher, or leave under his own power.

In an 80-game schedule, Wong estimates that he goes out on the ice about 60 times. "Sometimes I go out just to gain a player some time to recover and to let him know I'm aware of the situation," he said.

An athletic training major at Northeastern University in Boston, Wong received his certification and then worked in pro football for the Philadelphia Eagles and then in the USFL before joining the Caps in 1986. He is knowledgeable about the different stresses on the body associated with football and hockey.

"For muscle injuries, you have to first identify the function of the muscle in hockey," he said. "There are, for example, few hamstring injuries in hockey because the mechanism of running differs from skating. The shoulders take a beating from contact in hockey. And I've learned that knees were just not invented for sports!"

There are many useful approaches to an injured muscle: heat, massage and electrical stimulation are three of them. There are multiple ways to apply heat to a muscle, depending upon the depth of heat desired: heat pack, whirlpool, ultrasound, diathermy, to name a few. It's a complex profession.

When further diagnostic evaluation or treatment is required, the Capitals' Medical Team is called into play. There is a physician in attendance at each game. Dr. Stephen Haas and his partner, Dr. Carl MacCartee Jr., both orthopedists with a special interest in Sports Medicine, have been with Washington since 1981. They operate a Sports Medicine Center at two locations in the Washington area which offer up to the minute personnel and equipment for continuing care and rehabilitation.

They work with teams at Georgetown

University, George Washington University, consult to the PGA Golf Tour, and work with the Bullets as well as the Capitals. "We started our practice together," MacCartee said. "At that time, it was unusual to go into Sports Medicine. The Caps wanted top notch orthopedic coverage and GM Roger Crozier came to us. We maintain a list of specialists all over the U.S. and Canada should they be needed when the team is away from home. Our main job is to make sure that there is continuity of care."

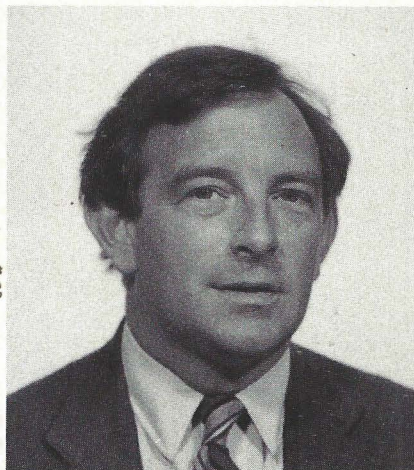
The responsibilities of Haas and MacCartee include doing physical exams, medical administration, and screening players whom the Caps have an interest in drafting or acquiring in trade. The NHL, by rule, mandates that the home team provide a physician at each game to take care of both teams. One to several physicians accompany the Capitals to playoff road games.

"There's more on the line for a team in the playoffs," Haas said. "I don't want to make a decision about whether or not the other team's star player gets back on the ice after an injury. We have flexible schedules and understanding spouses and it's become a way of life for us."

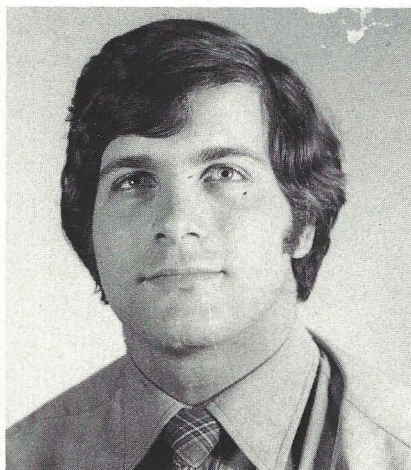
"At the games," he continued, "we've seen a little bit of everything. You can't have a team of specialists at the games, so we do screening and triage. We do the basics and have a staff of consultants on call. It's important to know the demands, the stresses, the limits and the rules of hockey."

The injuries are mostly what a fan would expect from a fast, physical, collision-impact sport like hockey. Knees and shoulders are particularly vulnerable. "Sticks and pucks," Haas said, "separate hockey from the rest, however. They produce lacerations which may be life-threatening. Mike Gartner and Brian Engblom had partially detached retinas, eye injuries that are potentially catastrophic. Neck and spine injuries are the most worrisome and fortunately, there have been none."

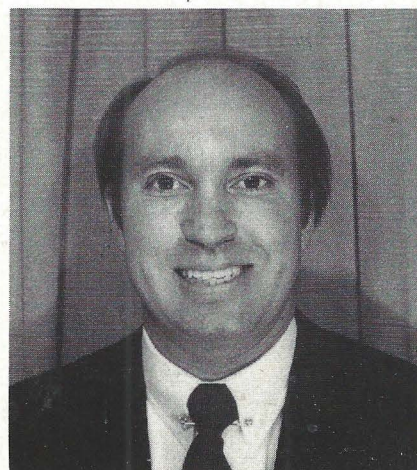
Perhaps the scariest injury in recent



Dr. Stephen Haas



Dr. Frank Melograna



Dr. Carl MacCartee

times occurred in the Capital Centre to defenseman Greg Smith. "He was hit with a stick in the throat," trainer Wong recalled. "It came close to crushing his larynx and trachea. It could have been life-threatening. Protection of the throat is a big problem with a flying projectile (puck) and the extension of arms (stick)."

Rod Langway's skate cut by Pat Verbeek during last year's playoffs was a serious injury due to the depth of the cut sustained by his gastrocnemius (calf) muscle. He had surgery that night to repair it, and it is apparent to the medical team that it has healed quite well.

One of the most important roles of the sports physician is to decide who can play and who cannot; what is urgent and what can wait. These are often tests of judgment. It's necessary that the doctor be aware of the game, the team's management philosophy and where the team is in the season, so he can factor all these issues into his decision.

"Having an understanding with management about decision making is crucial," Haas said. "Fortunately, Bryan (Murray) and David (Poile) are very enlightened in their medical policies. They have great trust in us and we in them. They have the best equipment available and never question the decision to bring consultants in."

The opportunity to "follow up" your sports patients may be unexcelled anywhere else in medicine. "We read about them in the paper and can watch them perform in person," Haas said. "The outcome of your work is all in the public eye. It's a real test of the physician's judgment and skill. And we watch the game very differently from the average fan."

Four years ago, Haas and MacCartee asked Dr. Frank Melograna, a urologist, to work with them and to be available at each home game. Melograna has an office near Capitals Centre, knew Haas and MacCartee from their days together in residency, and was then a Capitals season's ticket holder and a committed hockey fan.

He has been the doctor most often on the front lines ever since. "Some nights, you sit and it's quiet," he said. "Other nights, all hell break's loose. The most common things I see are facial lacerations and I do a lot of suturing. The guys who wear face shields are protected. Most often, however, I serve as another pair of surgical hands."

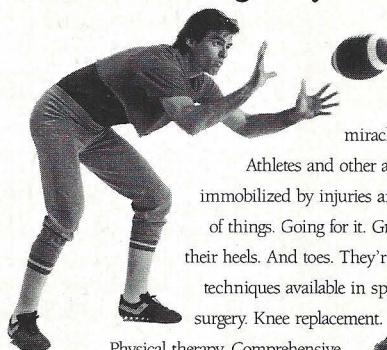
It isn't easy to integrate a full-time hockey job with a full time medical practice. "You schedule your days around hockey," Melograna said, "It's hard to get out of bed for a 7A.M. conference in the hospital after a busy game the night before."

Three years ago, the medical team recruited Dr. Richard Grossman whom Haas had taught when Grossman was an orthopedic resident at Georgetown. Having spent time with his brother, another

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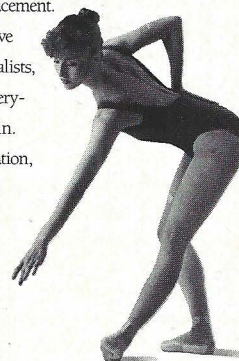
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orthopedist who has worked with all the New York sports teams, Grossman leaped at the opportunity to associate with the Caps.

"I started in March 1986, crunch time for the Caps, in a game against the Islanders. Dennis Potvin put his leg out and fractured Gus' (Bengt Gustafsson's) leg. He didn't hurt much but Gus said that the bump he'd always had in his leg was gone.

"They brought him to the dressing room and I examined him. I got a barrage of questions. Everyone was looking over my shoulder. I hadn't learned yet to tell everyone to leave the room. I got an x-ray and told David (Poile): 'He's out for 2-3 months.' Poile said: 'Are you sure the x-ray's not wrong?'"

Grossman echoed the other doctors when he said, "The players are good, young people who continue to play no matter what. They're really tough and I love working with them."

The newest Capital doc was also in New Jersey the night of the "playoff game with the two concussions" last season. He saw the shot that Pete Peeters took on his forehead.

"I was seated far from the ice," Grossman said. "As I walked out, I thought I'd fall flat on my face in front of all those people. When I got there, Pete was dazed. We put his neck in a collar and I decided to go to the hospital with him since we were on the road and I didn't know where they'd take him. I got an immediate CAT scan and it became apparent that Pete would be o.k. Then, I heard from a radiology technician watching the game that (Garry) Galley was knocked out and he was on his way there, too."

If the doctors are busy, the dentist with a hockey team must be overwhelmed. Howard Salob, D.D.S., has an office one-half mile from Capital Centre. He has been the team dentist since 1977. He's not required to attend the games, but hits a minimum of 38 of the 40 home games! During the season, his life revolves around the Cap Centre.

He doesn't travel with the team on the road, but chooses to close his practice down during the playoffs. "Teams are superstitious," he said. "and they like to have familiar personnel along." Salob is responsible for the Capitals routine dental care. Her also makes customized mouthguards for the players in his office. Made from moulds of their own teeth.

"It's much better than what you can buy in sporting goods stores," he said. Mouthguards have made a major difference in helping hockey players preserve the set of teeth God gave them. "Despite the image of Bobby Clarke with no teeth," Salob said, "most players today have their own natural teeth."

Salob can recall only two major dental injuries in his 11 years with the Capitals. "In the four overtime games against the Islanders. (Mike) Gartner and (Scott)

Stevens each broke teeth. I saw them in my office the next day. Then, in February 1988, Stevens was hit in the mouth with a stick in New York. He fractured a tooth and displaced several others. The mouthguard probably saved his teeth.

General Manager David Poile made one major addition to the Caps health care team last year, and two more this pre-season. "In our preparation for putting a team on the ice," he said, "we realized that hockey has been behind some other sports in its concern for conditioning. So, we hired Frank Costello of the University of Maryland."

Costello's work involves helping the players to increase their strength, endurance and flexibility. He employs different exercises including an Eastern European technique called plyometrics. These exercises develop explosive power through jumping. Costello supervises the Caps circuit training as well as their in-season conditioning and off-season running programs.

Dr. Pat Mann, also of the University of Maryland, was hired to be the team's nutritionist. "It's amazing," trainer Wong said, "that players in the past competed, eating McDonald's hamburgers and paying little attention to dehydration (water loss)."

The most recent addition is Dr. Jim McGee, Director of Psychology at Sheppard Pratt Hospital in Baltimore, who will serve as team psychologist. When Poile contacted McGee about one year ago, the psychologist's response was lukewarm. He had worked with the Orioles in their championship season (1983) and was "enjoying his retirement from the hectic world of pro sports." He had also never been to a hockey game.

When the mutual sleuthing by Caps management and by McGee pointed to a real opportunity for both, McGee joined up. The Caps sent him to training camp and on the road for the pre-season exhibition games. To continue his hockey education. Murray asked McGee to coach one team in an intra-squad scrimmage.

"Mike Gartner told me: 'Come on Doc,

you've got to say something.' I was at a loss, so I told five of them to go out and start a fight with somebody...and they did. I had to learn to change lines, and the players taught me. I lost 5-1. There were pucks and bodies flying everywhere."

McGee believes it's as least as important to know the lifestyle of the athletes and the pressure they're under as well as it is to know the rules of the game. By the end of the pre-season, he had learned the game to a surprising extent. Now, what would his role be?

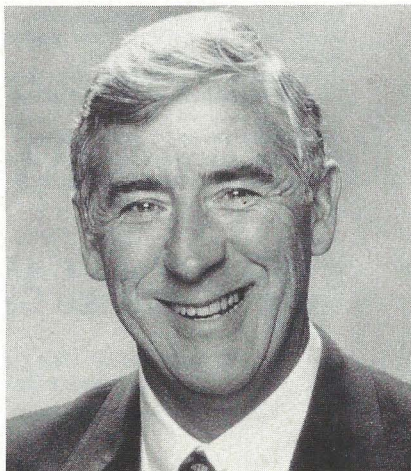
"To the Orioles, I delivered mental health services mostly and the smaller part of my job was performance enhancement. With the Caps just the opposite will be true. I was involved with the Orioles during the peak of the drug problem in baseball. I established the first drug testing program in the country for a sports team. With the Caps, I feel confident that there are no significant drug problems at this time."

McGee will do evaluations of players' emotional health. He will develop an evaluation scale to assist in player recruitment. Mainly though, he will work in helping players achieve the success their talent dictates.

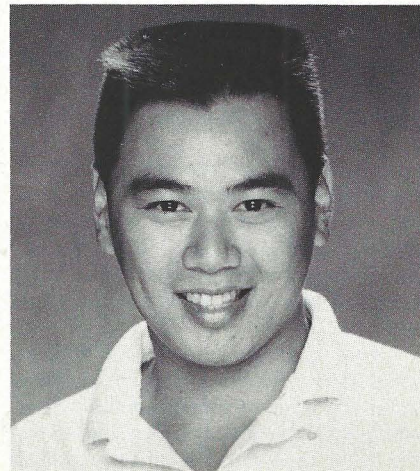
"Intensity wins a game and consistency wins games in sequence," he said. "That's the difference between champions and the guys in second place. The physical skills do not change much. It's day-to-day consistency that wins. And that's a mental characteristic."

With a bachelor's degree from LaSalle College, a Ph.D. from Catholic University, and post-doctoral training at S.U.N.Y. Stony Brook, McGee believes that his six years in the Marine Corps was the best preparation for understanding hockey.

An overview of the Caps Health Corps was offered by trainer Wong: "We have the best people in each area. No longer is the trainer responsible for all aspects. We have a large staff, working together, and that's what makes it all jell." The health care team is prepared to work through a lengthy post-season to help bring a championship to Washington. ●



Jim McGee



Stan Wong

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No.	Name	GP	MIN	GA	GAA	W	L	POS
1	Pete Peeters	4	241	13	3.24	2	2	G
33	Don Beaupre	0	0	0	0.00	0	0	G

No.	Name	GP	G	A	TP	PIM	POS
3	Scott Stevens "A"	4	0	3	3	9	D
4	Kevin Hatcher	4	0	3	3	16	D
5	Rod Langway "C"	4	0	0	0	6	D
6	Calle Johansson	4	0	1	1	0	D
8	Bob Rouse	4	1	0	1	4	LW
10	Kelly Miller	4	1	0	1	2	LW
12	Peter Sundstrom	0	0	0	0	0	LW
14	Geoff Courtnall	4	2	2	4	6	LW
15	Neil Sheehy	4	0	0	0	17	D
16	Bengt Gustafsson	2	1	0	1	6	C
17	Mike Ridley	4	0	3	3	0	C
18	Doug Wickenheiser	4	0	0	0	2	C
19	John Druce	1	0	0	0	0	RW
20	Michal Pivonka	4	2	1	3	10	LW
21	Steve Leach	4	1	0	1	5	RW
22	Dino Ciccarelli	4	2	1	3	4	RW
23	Bob Gould "A"	4	0	2	2	0	RW
25	Lou Franceschetti	4	1	0	1	2	LW
27	Dave Christian	4	0	0	0	0	RW
28	Chris Felix	1	0	1	1	0	D
29	Scot Kleinendorst	0	0	0	0	0	D
32	Dale Hunter	4	0	3	3	11	C

PHILADELPHIA FLYERS ROSTER

No.	Name	GP	MIN	GA	GAA	W	L
27	Ron Hextall	4	241	11	2.74	2	2
35	Ken Wregget	0	0	0	0.00	0	0

No.	Name	GP	G	A	TP	PIM
2	Mark Howe "A"	4	0	3	3	0
3	Gord Murphy	4	1	2	3	0
5	Kerry Huffman	0	0	0	0	0
6	Jeff Chychrun	4	0	0	0	17
7	Jay Wells	4	0	2	2	6
8	Moe Mantha	0	0	0	0	0
9	Pelle Eklund	4	0	2	2	0
10	Mike Bullard	4	0	2	2	12
12	Tim Kerr	4	2	4	6	4
14	Ron Sutter	4	0	2	2	11
15	Doug Sulliman	0	0	0	0	0
17	Craig Berube	4	0	0	0	8
19	Scott Mellanby	4	2	0	2	4
20	Dave Poulin "C"	4	1	0	1	2
21	Al Secord	3	0	0	0	19
22	Rick Tocchet "A"	4	2	1	3	31
24	Derrick Smith	4	0	0	0	4
25	Keith Acton	4	1	0	1	4
26	Brian Propp	4	4	1	5	4
28	Kjell Samuelsson	4	0	0	0	8
29	Terry Carkner	4	0	0	0	4
32	Murray Craven	1	0	0	0	2

VP/GENERAL MANAGER: David Poile
HEAD COACH: Bryan Murray
ASSISTANT COACHES: Doug MacLean, Terry Murray
GOALTENDING COACH: Warren Strelow
HEAD TRAINER: Stan Wong
ASSISTANT TRAINER: Doug Shearer
ASST. EQUIPMENT MANAGER: Craig Leydig

GENERAL MANAGER: Bob Clarke
HEAD COACH: Paul Holmgren
ASST COACHES: Mike Eaves, Andy Murray, Bernie Parent
TRAINER: Dave Settlemyre
ASST. TRAINER: Kurt Mundt
EQUIPMENT MANAGER: Jim Evers



REFEREE: Terry Gregson
LINESMEN: Ryan Bozak
Wayne Bonney
Tonight's off-ice officials are
from New Jersey



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Eagle

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WASHINGTON CAPITALS ROSTER

FORWARDS

NO.	NAME	HGT.	WGT.	DATE OF BIRTH
10	Kelly Miller (RW)	5-11	185	March 3, 1963
12	Peter Sundstrom (LW)	6-0	180	December 14, 1961
14	Geoff Courtnall (LW)	6-1	195	August 18, 1962
16	Bengt Gustafsson (C)	6-0	185	March 23, 1958
17	Mike Ridley (C)	6-1	200	July 8, 1963
18	Doug Wickenheiser (C)	6-1	200	March 30, 1961
19	John Druce (LW)	6-2	200	February 23, 1966
20	Michal Pivonka (LW)	6-2	200	January 28, 1966
21	Steve Leach (RW)	5-11	180	January 16, 1966
22	Dino Ciccarelli (RW)	5-10	180	February 8, 1960
23	Bob Gould (C)	6-0	195	September 2, 1957
25	Lou Franceschetti (LW)	6-0	190	March 28, 1958
27	Dave Christian (RW)	6-0	175	May 12, 1959
32	Dale Hunter (C)	5-10	190	July 31, 1960

DEFENSEMEN

3	Scott Stevens	6-1	215	April 1, 1964
4	Kevin Hatcher	6-4	215	September 9, 1966
5	Rod Langway	6-4	220	May 3, 1957
6	Calle Johansson	5-11	205	February 14, 1967
8	Bob Rouse	6-2	210	June 18, 1964
15	Neil Sheehy	6-2	210	February 9, 1960
28	Chris Felix	5-11	185	May 27, 1964
29	S. Kleinendorst	6-3	215	January 16, 1960

GOALTENDERS

1	Pete Peeters	6-0	195	August 17, 1957
33	Don Beaupre	5-9	165	September 19, 1961

VICE PRESIDENT & GENERAL MANAGER: David Poile

HEAD COACH: Bryan Murray

ASSISTANT COACH: Doug MacLean

GOALTENDING COACH: Warren Strelow

PHILADELPHIA FLYERS ROSTER

FORWARDS

NO.	NAME	HGT.	WGT.	DATE OF BIRTH
9	Pelle Eklund (C)	5-10	175	March 22, 1963
10	Mike Bullard (C)	5-10	185	March 10, 1961
12	Tim Kerr (RW)	6-3	230	January 5, 1960
14	Ron Sutter (C)	5-11	180	December 2, 1963
15	Doug Sulliman (LW)	5-9	190	August 29, 1959
17	Craig Berube (LW)	6-1	205	December 17, 1965
19	Scott Mellanby (LW)	6-1	205	June 11, 1966
20	Dave Poulin (C)	5-11	190	December 17, 1958
21	Al Secord (LW)	6-1	207	March 3, 1958
22	Rick Tocchet (RW)	6-0	205	April 9, 1964
23	Ilkka Sinisalo (RW)	6-0	200	July 10, 1958
24	Derrick Smith (LW)	6-1	215	January 22, 1965
25	Keith Acton (C)	5-8	170	April 15, 1958
26	Brian Propp (LW)	5-10	190	February 15, 1959
32	Murray Craven (LW)	6-2	185	July 20, 1964

DEFENSEMEN

2	Mark Howe	5-10	185	May 28, 1955
3	*Gord Murphy	6-2	190	March 23, 1967
6	*Jeff Chychrun	6-4	212	May 3, 1966
7	Jay Wells	6-1	210	May 18, 1959
8	Moe Mantha	6-2	210	January 21, 1961
28	Kjell Samuelsson	6-6	235	October 18, 1956
29	Terry Carkner	6-3	212	March 7, 1966

GOALTENDERS

27	Ron Hextall	6-3	192	May 3, 1964
33	Mark Laforest	5-11	190	July 10, 1962
35	Mark LaForest	5-11	190	July 10, 1962

VICE PRESIDENT AND GENERAL MANAGER: Bob Clarke

COACH: Paul Holmgren

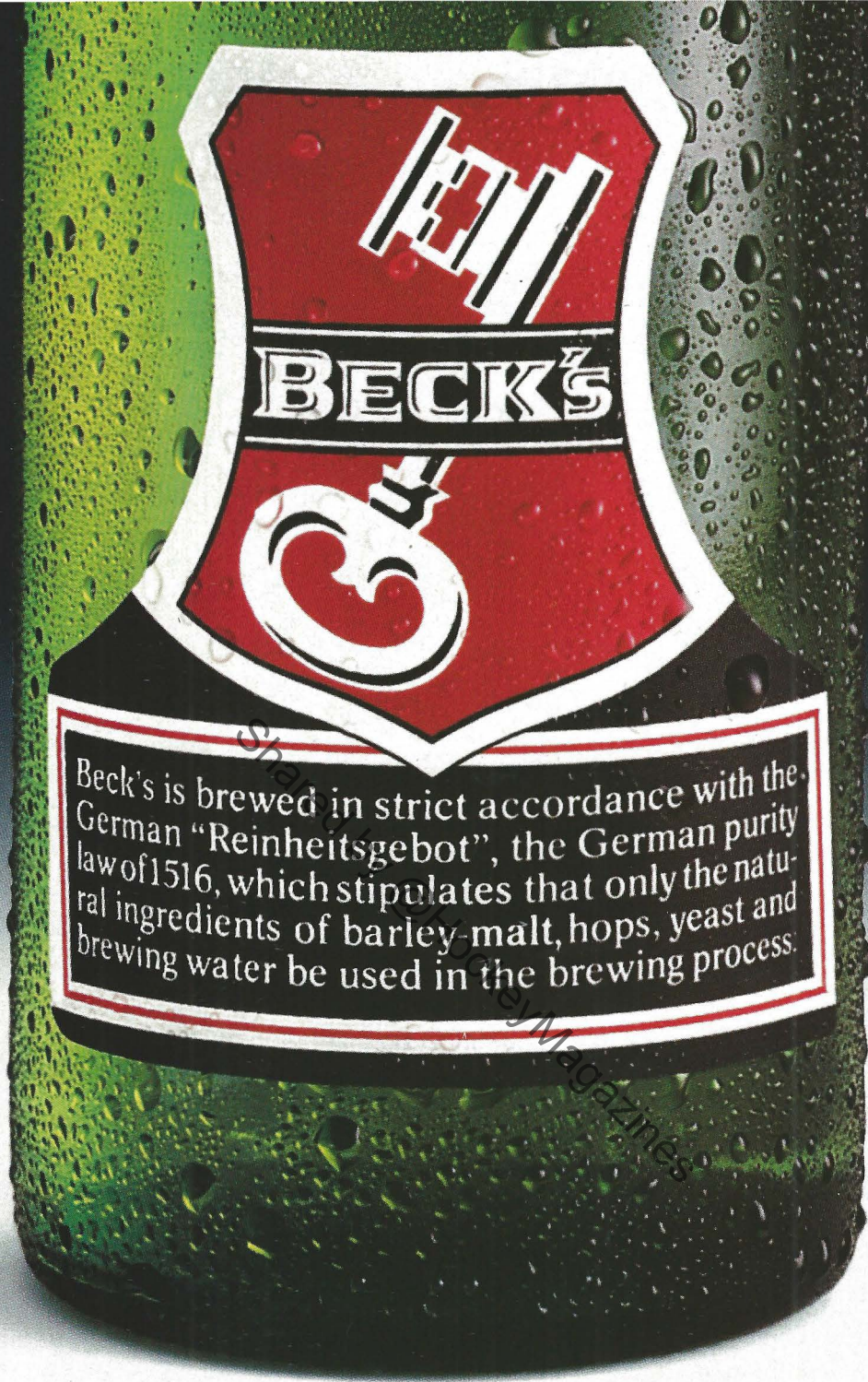
ASSISTANT COACHES: Mike Eaves, Andy Murray, Bernie Parent, Pat Croce

CAPTAIN: Dave Poulin

ALTERNATES: Mark Howe, Rick Tocchet

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Beck's. The number one imported German beer.

DRIBECK IMPORTERS, GREENWICH, CONN.

WASHINGTON CAPITALS PLAYOFF SPECIAL TEAMS

POWER PLAY

Year	Att.	Goals	Pct.
1983	24	1	4.2%
1984	38	10	26.3%
1985	28	4	14.3%
1986	40	9	22.5%
1987	36	2	5.6%
1988	99	14	14.1%
Totals	265	40	15.1%

PENALTY KILLING

Year	Att.	Goals	Pct.
1983	18	3	83.3%
1984	25	5	80.0%
1985	17	4	82.4%
1986	36	7	80.6%
1987	30	4	86.7%
1988	77	13	84.4%
Totals	203	36	83.7%

DID YOU KNOW:

The Capitals average 4.40 goals per game in playoff wins, and average 2.31 goals per game when they lose.

DID YOU KNOW:

The Capitals are 10-11 on the road in the playoffs, but 5-4 in their last nine road games.

DID YOU KNOW:

The Capitals are 3-5 in overtime. After dropping their first OT contest, they won two overtime games (both in the 1985 Division Semi-finals against the Islanders) before dropping four straight. They broke the string with a 5-4 win over the Flyers in game-seven of last year's Division Semi-finals.

DID YOU KNOW:

The Capitals are appearing in their 7th straight playoff. Only the Flyers have a longer current streak (17) in the division.

DID YOU KNOW:

The Capitals have never been shutout in 47 playoff games.

DID YOU KNOW:

A Capitals goaltender has been in the top five in playoff GAA in each of the last three seasons. Pete Peeters (2.65) placed 3rd in 1986, Bob Mason was 1st (1.75) in 1987 and Peeters' 3.12 was 4th best last season.

DID YOU KNOW:

The Capitals were involved in the 5th-longest game in playoff history. They played 128:47 of hockey before the New York Islanders' Pat LaFontaine's shot beat Bob Mason in game seven of the Patrick Division Semi-finals on 4/18-19/87.

DID YOU KNOW:

The Capitals were 4-4 at home in playoffs last season, but were outscored, 26-25. They were also 3-3 on the road last season, and outscored the opposition, 29-24, despite a 10-4 loss in New Jersey.

DID YOU KNOW:

Dale Hunter is tied for 2nd with Bob Nystrom on the NHL's all-time list for lifetime playoff overtime goals with four.

DID YOU KNOW:

Since the NHL split into four divisions in 1974-75, the Patrick Division has placed more teams in the Stanley Cup finals (11) and is tied with the Adams Division for most Cup Champions (five). The Adams Division claims nine finalists, while the Smythe Division has won four Cups and

been in seven finals. The Minnesota North Stars were the lone Norris Division representative in the finals, having played against the Islanders in 1981.



CAPITALS PLAYOFF HISTORY

WASHINGTON CAPITALS PLAYOFF RECORD

SERIES RESULTS: WON 3, LOST 6

GAME RESULTS: WON 22, LOST 25

1982-83 WASHINGTON CAPITALS VS. NY ISLANDERS (ISLANDERS WIN SERIES, 3-1)

DATE	RESULTS	SITE	GOALTENDERS	WINNER
4/6/83	Islanders 5—Capitals 2	NY	Smith/Riggin	Tonelli
4/7/83	Capitals 4—Islanders 2	NY	Smith/Jensen	Gould
4/9/83	Islanders 6—Capitals 2	WASH	Melanson/Jensen-Riggin	Trottier
4/10/83	Islanders 6—Capitals 3	WASH	Melanson/Jensen-Riggin	Hallin

1983-84 WASHINGTON CAPITALS VS. PHILADELPHIA FLYERS (CAPITALS WIN SERIES, 3-0)

DATE	RESULTS	SITE	GOALTENDERS	WINNER
4/4/84	Capitals 4—Flyers 2	WASH	Riggin/Froese-Lindbergh	Duchesne
4/5/84	Capitals 6—Flyers 2	WASH	Jensen/Froese	Laughlin
4/7/84	Capitals 5—Flyers 1	PHIL	Jensen/ Lindbergh-Froese	Haworth

1983-84 WASHINGTON CAPITALS VS. NY ISLANDERS (ISLANDERS WIN SERIES, 4-1)

DATE	RESULTS	SITE	GOALTENDERS	WINNER
4/12/84	Capitals 3—Islanders 2	NY	Smith-Melanson/Jensen	Laughlin
4/13/84	Islanders 5—Capitals 4(ot)	NY	Smith/Jensen-Riggin	Kallur
4/15/84	Islanders 3—Capitals 1	WASH	Smith/Riggin	B. Sutter
4/16/84	Islanders 5—Capitals 2	WASH	Smith/ Riggin-Jensen	Boutillier
4/18/84	Islanders 5—Capitals 3	NY	Smith/Jensen-Riggin	Flatley

1984-85 WASHINGTON CAPITALS VS. NY ISLANDERS (ISLANDERS WIN SERIES, 3-2)

DATE	RESULTS	SITE	GOALTENDERS	WINNER
4/10/85	Capitals 4—Islanders 3(ot)	WASH	Smith/Riggin	Haworth
4/11/85	Capitals 2—Islanders 1 (2ot)	WASH	Hrudey/Jensen	Gartner
4/13/85	Islanders 2—Capitals 1	NY	Smith/Jensen	B. Sutter
4/14/85	Islanders 6—Capitals 4	NY	Smith/Jensen	Trottier
4/16/85	Islanders 2—Capitals 1	WASH	Smith/Riggin	B. Sutter

1985-86 WASHINGTON CAPITALS VS. NY ISLANDERS (CAPITALS WIN SERIES, 3-0)

DATE	RESULTS	SITE	GOALTENDERS	WINNER
4/9/86	Capitals 3—Islanders 1	WASH	Peeters/Hrudey	Carpenter
4/10/86	Capitals 5—Islanders 2	WASH	Peeters/Smith	Stevens
4/12/86	Capitals 3—Islanders 1	NY	Peeters/Hrudey	Stevens

1985-86 WASHINGTON CAPITALS VS. NY RANGERS (RANGERS WIN SERIES, 4-2)

DATE	RESULTS	SITE	GOALTENDERS	WINNER
4/17/86	Rangers 4—Capitals 3(OT)	WASH	Vanbiesbrouck/Peeters	MacIellan
4/19/86	Capitals 8—Rangers 1	WASH	Vanbiesbrouck-Hanlon/Peeters	Laughlin
4/21/86	Capitals 6—Rangers 3	NY	Vanbiesbrouck/Peeters	Barrett
4/23/86	Rangers 6—Capitals 5(OT)	NY	Vanbiesbrouck/Peeters	Brooke
4/25/86	Rangers 4—Capitals 2	WASH	Vanbiesbrouck/Peeters	Sandstrom
4/27/86	Rangers 2—Capitals 1	NY	Vanbiesbrouck/Peeters	Larouche

1986-87 WASHINGTON CAPITALS VS. NY ISLANDERS (ISLANDERS WIN SERIES, 4-3)

DATE	RESULTS	SITE	GOALTENDERS	WINNER
4/8/87	Capitals 4—Islanders 3	WASH	Hrudey/Peeters	Ridley
4/9/87	Islanders 3—Capitals 1	WASH	Hrudey/Peeters	Trottier
4/11/87	Capitals 2—Islanders 0	NY	Hrudey/Mason	Murphy
4/12/87	Capitals 4—Islanders 1	NY	Hrudey/Mason	Christian
4/14/87	Islanders 4—Capitals 2	WASH	Hrudey/Peeters	Gilbert
4/16/87	Islanders 5—Capitals 4	NY	Hrudey/Mason	LaFontaine
4/18/87	Islanders 3—Capitals 2 (4 OT)	WASH	Hrudey/Mason	LaFontaine

1987-88 WASHINGTON CAPITALS VS. PHILADELPHIA FLYERS (CAPITALS WIN SERIES, 4-3)

DATE	RESULTS	SITE	GOALTENDERS	WINNER
4/6/88	Flyers 4—Capitals 2	WASH	Peeters/Hextall	Poulin
4/7/88	Capitals 5—Flyers 4	WASH	Peeters/Hextall	Miller
4/9/88	Flyers 4—Capitals 3	PHI	Peeters/Hextall	Samuelsson
4/10/88	Flyers 5—Capitals 4 (OT)	PHI	Malarchuk/Hextall-Laforest	Craven
4/12/88	Capitals 5—Flyers 2	WASH	Peeters/Hextall-Laforest	Hatcher
4/14/88	Capitals 7—Flyers 2	PHI	Peeters/Hextall	Gustafsson
4/16/88	Capitals 5—Flyers 4 (OT)	WASH	Peeters/Hextall	Hunter

1987-88 WASHINGTON CAPITALS VS. NEW JERSEY DEVILS (DEVILS WIN SERIES, 4-3)

DATE	RESULTS	SITE	GOALTENDERS	WINNER
4/18/88	Capitals 3—Devils 1	WASH	Peeters/Burke	Murphy
4/20/88	Devils 5—Capitals 2	WASH	Peeters/Burke	Broten
4/22/88	Devils 10—Capitals 4	NJ	Peeters-Malarchuk/Burke	Carlsson
4/24/88	Capitals 4—Devils 1	NJ	Peeters-Malarchuk/Burke	Sundstrom
4/26/88	Devils 3—Capitals 1	WASH	Malarchuk/Sauve	Kurvers
4/28/88	Capitals 7—Devils 2	NJ	Peeters/Burke-Sauve	Leach
4/30/88	Devils 3—Capitals 2	WASH	Peeters/Burke	Maclean

CAPITALS VERSUS NEW JERSEY

HOME: 1-3

AWAY: 2-1

TOTALS: 3-4

CAPITALS VERSUS PHILADELPHIA

HOME: 5-1

AWAY: 2-2

TOTALS: 7-3

CAPITALS VERSUS NY RANGERS

HOME: 1-2

AWAY: 1-2

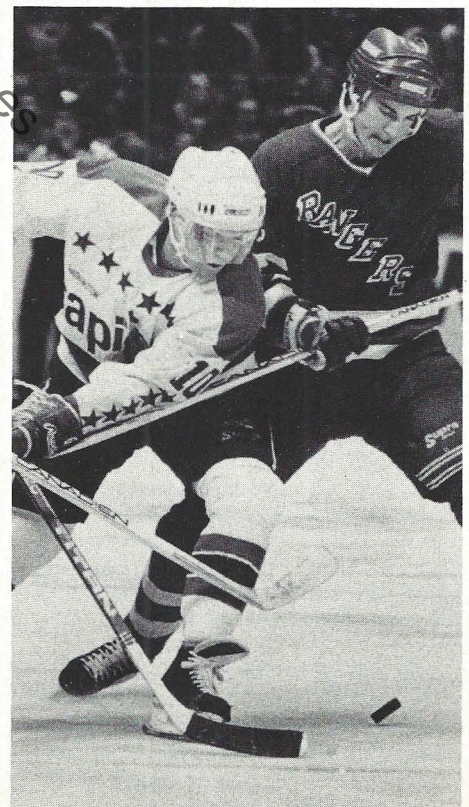
TOTALS: 2-4

CAPITALS VERSUS NY ISLANDERS

HOME: 5-8

AWAY: 5-6

TOTALS: 10-14



DID YOU KNOW:

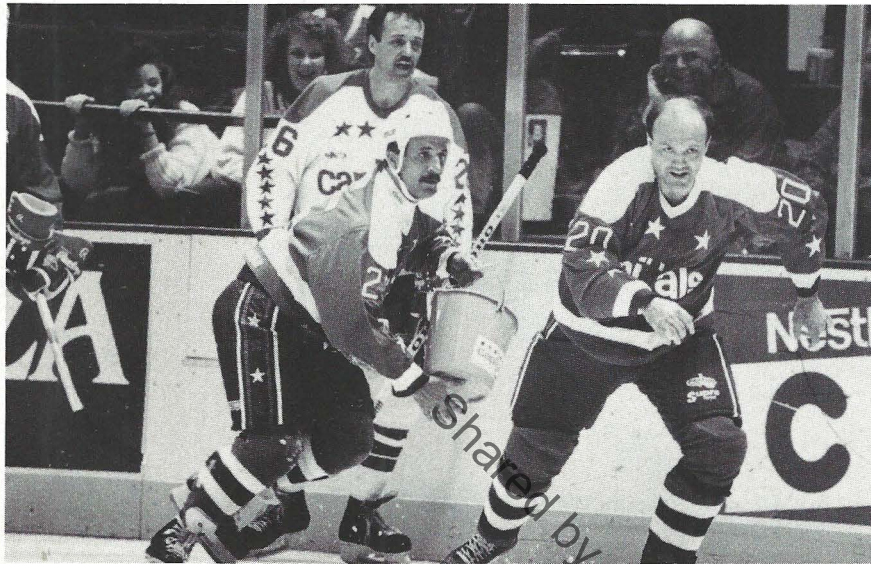
Six members of the Capitals have played in a Stanley Cup final series: Don Beaupre (1981 with Minnesota), Geoff Courtnall (1988 with Edmonton), Pete Peeters (1980 with Philadelphia), Rod Langway (1979 with Montreal), Neil Sheehy (1986 with Calgary) and Dino Ciccarelli (1981 with Minnesota).



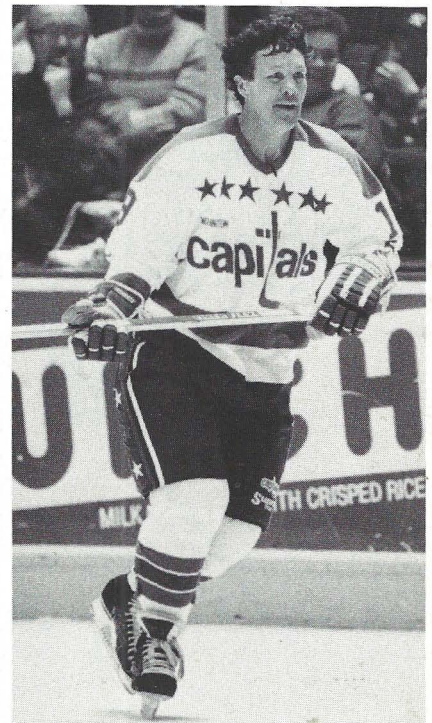
SEEMS LIKE OLD TIMES

Fans that attended the Flyers-Caps game February 5 were treated to a bit of nostalgia, as they watched the Capitals' alumni battle it out. It was a fun time for everyone as they watched guys like Labre,

Sirois, Palmateer and Lalonde perform their skills, albeit a bit slower than in their prime. The Red team tied the White team, 2-2, as the Red team took advantage of a 14 on 5 man advantage to knot the score.



Bob Sirois tries to give Gary Rissling an early shower. Bob Girard looks on.



Funny, but we don't remember Bryan Watson ever smiling when he was an NHL regular.

THE WASHINGTON CAPITALS EDITION OF GOAL MAGAZINE

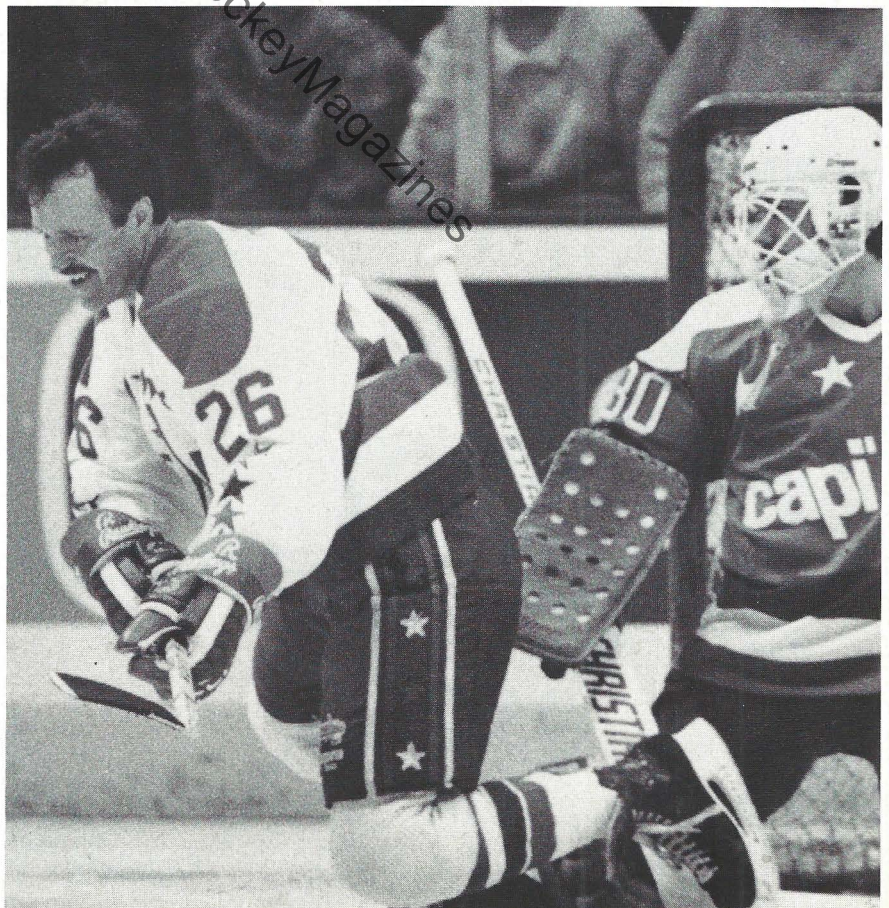


Editorial Director:
Dave Ferry

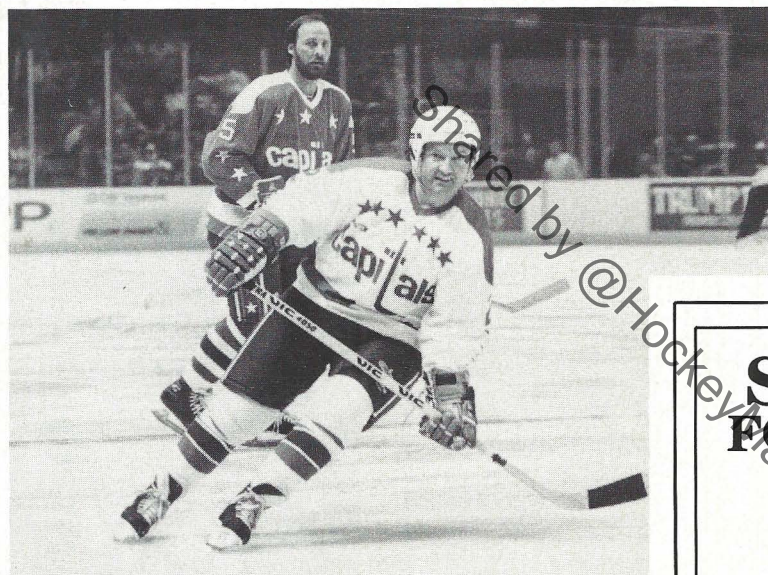
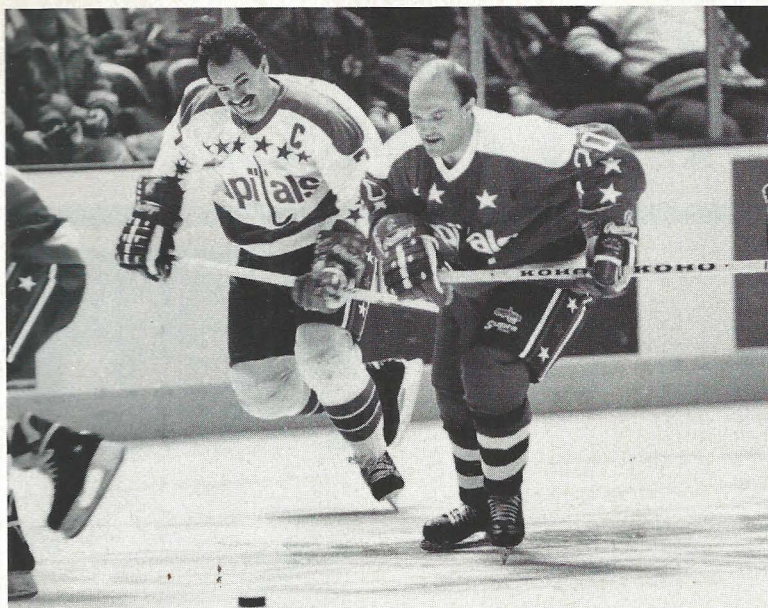
Contributing Writers:
Ed Casey
Marni J. Shapiro
Contributing Photographers:
Jay Henson
Debbie King
Bob Clough

The Washington Capitals edition of GOAL Magazine is available at every Caps home game during the regular season and playoffs. Any comments or suggestions regarding the Capitals content are welcome, and should be sent to:

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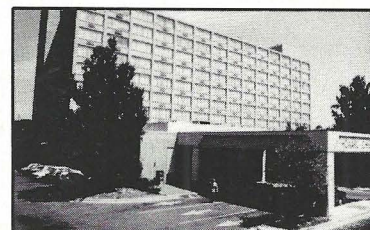
Bob Girard screens Dave Parro.

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WASHINGTON CAPITALS ALL-TIME PLAYOFF SCORING

PLAYER	GP	G	A	TP	PIM	GWG	PPG	SHG
Mike Gartner	47	16	27	43	59	2	4	0
Scott Stevens	36	6	33	39	144	2	3	0
Dave Christian	43	16	18	34	21	0	3	0
Larry Murphy	42	9	17	26	51	2	5	0
Bengt Gustafsson	28	7	16	23	10	1	5	0
Bob Gould	37	12	7	19	42	1	1	2
Alan Haworth	32	8	11	19	24	2	2	0
Bob Carpenter	26	9	9	18	47	1	3	0
Gaetan Duchesne	33	10	6	16	39	1	0	1
Kevin Hatcher	31	7	8	15	94	1	1	0
Michal Pivonka	21	5	10	15	6	0	2	0
Mike Ridley	21	8	6	14	16	1	1	0
Greg Adams	36	2	11	13	132	0	1	0
Dale Hunter	14	7	5	12	98	1	4	0
Kelly Miller	21	6	6	12	10	1	0	1
Craig Laughlin	27	6	4	10	18	3	1	0
Rod Langway	39	1	9	10	29	0	1	0
Doug Jarvis	17	3	4	7	8	0	0	0
Garry Galley	15	2	4	6	13	0	0	0
Yvon Corriveau	17	1	5	6	32	0	0	0
Bryan Erickson	8	3	3	5	7	0	1	0
Steve Leach	15	2	2	4	0	1	0	0
Glen Currie	9	1	3	4	4	0	0	0
John Barrett	9	2	1	3	35	1	0	0
Greg Smith	25	2	3	3	43	0	0	1
Jorgen Pettersson	9	1	3	2	0	1	1	0
Peter Sundstrom	14	2	0	2	6	1	0	1
Lou Franceschetti	27	1	1	2	65	0	0	0
Dennis Maruk	4	1	1	2	2	0	0	0
Brian Engblom	4	0	2	2	0	0	0	0
Darren Veitch	10	0	2	2	0	0	0	0
Gary Sampson	12	1	0	1	0	0	0	0
Grant Martin	1	1	0	1	2	0	0	0
Grant Ledyard	14	1	0	1	30	0	0	0
Ken Houston	4	1	0	1	4	0	0	0
Ed Kastelic	6	1	0	1	13	1	1	0
Al Jensen	12	0	1	1	4	0	0	0
Mike McEwen	5	0	1	1	4	0	0	0
Peter Andersson	5	0	1	1	2	0	0	0
Randy Holt	4	0	1	1	20	0	0	0
Dave Shand	8	0	1	1	13	0	0	0
Greg Theberge	4	0	1	1	0	0	0	0
John Blum	6	0	1	1	4	0	0	0
Clint Malarchuk	4	0	0	0	2	0	0	0
Chris Felix	1	0	0	0	0	0	0	0
Jeff Greenlaw	1	0	0	0	0	0	0	0
Grant Jennings	1	0	0	0	0	0	0	0
Dwight Schofield	3	0	0	0	14	0	0	0
Mark Taylor	3	0	0	0	0	0	0	0
David Jensen	11	0	0	0	2	0	0	0
Timo Blomqvist	13	0	0	0	24	0	0	0
Bob Mason	4	0	0	0	0	0	0	0
Chris Valentine	2	0	0	0	4	0	0	0
Mikko Leinonen	1	0	0	0	0	0	0	0
Ted Bulley	1	0	0	0	0	0	0	0
Andre Hidi	2	0	0	0	0	0	0	0
Milan Novy	2	0	0	0	0	0	0	0
Pete Peeters	24	0	0	0	8	0	0	0
Pat Rigglin	10	0	0	0	0	0	0	0
Bench					2			

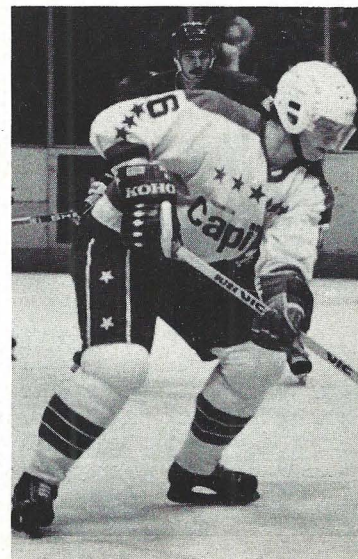
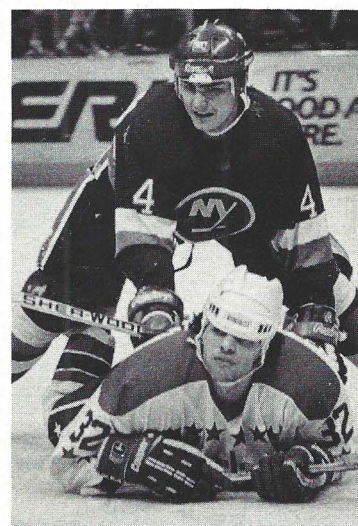
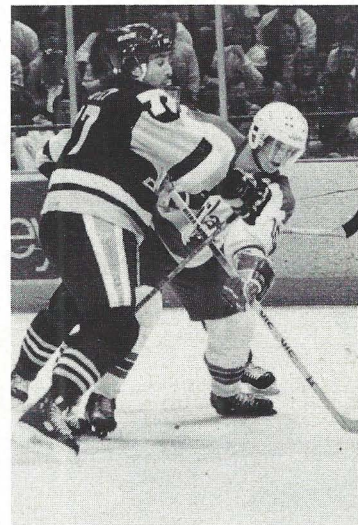
GOALTENDING	GPI	MIN	GA	EN	SO	AVG	W	L
Bob Mason	4	309	9	0	1	1.75	2	2
Pete Peeters	24	1378	67	2	0	2.98	13	11
Pat Rigglin	10	454	22	2	0	3.07	2	5
Al Jensen	12	597	32	2	0	3.64	5	5
Clint Malarchuk	4	193	15	0	0	4.66	0	2
TOTALS	47	2931	147	6	1	3.22	22	25

POWER PLAY
40 for 265, 15.1%

PENALTY KILLING
168 for 203, 82.8%

SCORING/SHOTS ON GOAL
Capitals-158-1507
Opponents-126-1353

OVERALL RECORD
Home:12-14
Road:10-11



By the year 2000, 2 out of 3 Americans could be illiterate.

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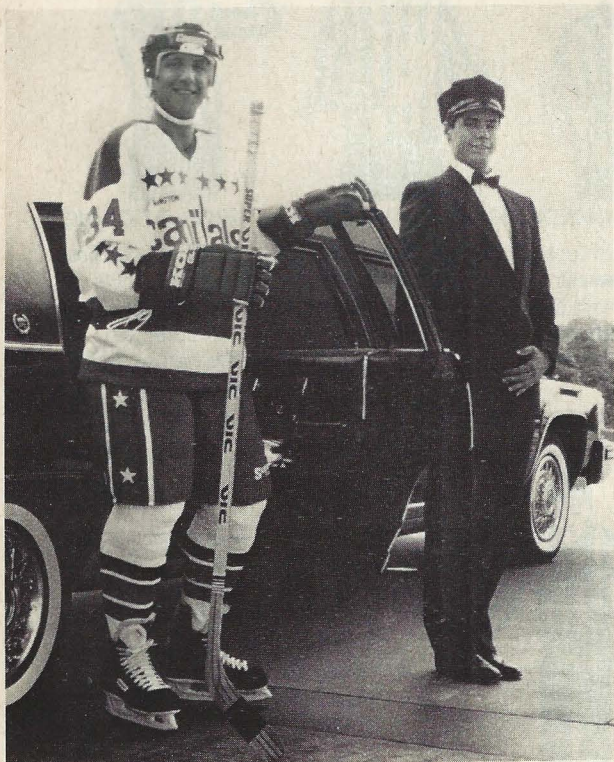
# of people	2	3	4	5	6	7
Price per person \$:	125	98	79	68	59	37

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OFFICIALS SIGNALS



INTERFERENCE

Crossed arms stationary in front of chest.



SLASHING

A series of chopping motions with the edge of one hand across the opposite forearm.



TRIPPING

Extending right leg forward, clear of the ice, and striking it with right hand below the knee.



BOARDING

Pounding the closed fist of one hand into the open palm of the other hand.



MISCONDUCT

Placing of both hands on hips several times and pointing to penalized player.



HOLDING

Clasping either wrist with the other hand well in front of the chest.



ELBOWING

Tapping either elbow with the opposite hand.



HOOKING

A series of tugging motions with both arms, as if pulling something toward the stomach.



CROSS-CHECKING

A series of forward and backward motions with both hands clenched extending from the chest.



CHARGING

Rotating clenched fists around one another in front of chest.



HIGH-STICKING

Holding both fists, clenched, one immediately above the other, at the height of the forehead.



ICING

Arms folded across the chest.



"WASH-OUT"

Both arms swung laterally across the body with palms down.

1. When used by the Referee it means goal disallowed.
2. When used by Linesmen it means there is no icing or no off-side.

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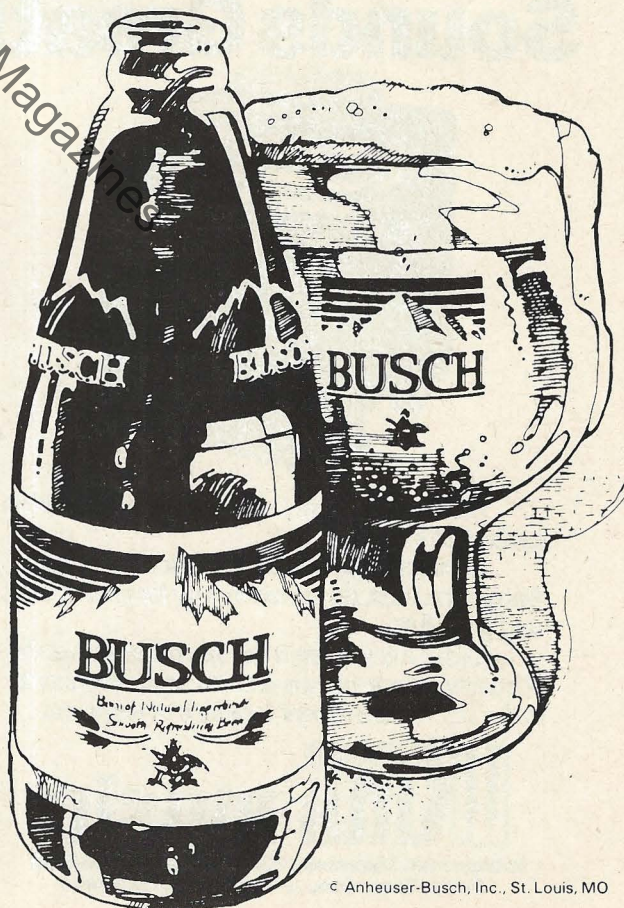
VOTE

for your favorite
player this season.

NAME _____

NUMBER

Turn this ballot in to any host or hostess after each game. Votes will be tabulated at the end of the season.



© Anheuser-Busch, Inc., St. Louis, MO

Player	Years	REGULAR SEASON				
		GPI	G	A	PTS	PIM
McKechnie, Walt	77-78	16	4	1	5	0
McLean, Don	75-76	9	0	0	0	6
McTaggart, Jim	80-82	71	3	10	13	205
Mikkelsen, Bill	74-75					
	76-77	60	3	7	10	54
Miller, Kelly	87-88	119	19	35	54	61
Mohns, Doug	74-75	75	2	19	21	54
Monahan, Hartland	75-77	159	40	56	96	72
Moore, Robbie	82-83	1	0	0	0	0
Morrison, Lew	74-75	18	0	4	4	6
Mulvey, Paul	78-81	187	29	37	66	487
Murphy, Larry	83-88	388	78	220	298	262
Murray, Terry	81-82	74	3	22	25	60
Nicholson, Paul	74-77	62	4	8	12	18
Noel, Claude	79-80	7	0	0	0	0
Novy, Milan	82-83	73	18	30	48	16
Norwood, Lee	81-83	34	7	11	18	229
Paddock, John	75-76	8	1	1	2	12
Palmateer, Mike	80-82	60	0	9	9	23
Paradise, Bob	75-77	71	0	13	13	62
Parro, Dave	80-84	77	0	2	2	6
Patey, Doug	76-79	45	4	2	6	8
Patrick, Craig	76-79	75	9	18	27	6
Peeters, Pete	85-88	106	0	5	5	34
Peloffy, Andre	74-75	9	0	0	0	0
Pettersson, Jorgen	85-86	47	8	16	24	10
Picard, Robert	77-80	230	42	114	156	308
Pivonka, Michal	86-88	144	29	48	77	69
Pocza, Harvie	80-83	2	0	0	0	2
Polis, Greg	78-80	47	13	11	24	25
Pronovost, Jean	80-82	90	23	38	61	65
Pyatt, Nelson	74-76	93	32	27	59	35
Rausse, Errol	79-83	31	7	3	10	0

Player	Years	REGULAR SEASON				
		GPI	G	A	PTS	PIM
Raymond, Alain	87-88	1	0	0	0	0
Ribble, Pat	79-81	98	5	22	27	147
Richard, Mike	87-88	4	0	0	0	0
Ridley, Mike	87-88	110	43	50	93	42
Riggin, Pat	82-85	136	0	1	1	10
Riley, Bill	74-75					
	76-79	125	28	28	56	313
Rissling, Gary	78-80	34	3	4	7	176
Robertson, Torrie	80-84	62	10	13	23	208
Rowe, Tom	76-80					
	81-82	191	56	58	114	315
Sampson, Gary	83-87	105	13	22	35	25
Scamurra, Peter	75-77					
	78-80	132	8	25	33	59
Schofield, Dwight	85-86	50	1	2	3	127
Seiling, Rod	74-75	1	0	0	0	0
Self, Steve	76-77	3	0	0	0	0
Shand, Dave	83-85	85	5	16	21	158
Siltala, Mike	81-85	3	1	0	1	2
Sirois, Bob	75-80	282	91	120	211	38
Smith, Gary	77-78	17	0	0	0	0
Smith, Gord	74-79	286	9	30	39	276
Smith, Greg	86-88	113	1	18	19	108
Smith, Rick	80-81	40	5	4	9	36
Stapleton, Brian	75-76	1	0	0	0	0
Stephenson, Wayne	79-81	76	0	2	2	24
Stevens, Scott	82-88	465	80	241	321	1,248
Stewart, Blair	74-79	163	26	29	55	257
Stoltz, Roland	81-82	14	2	2	4	14
Sundstrom, Peter	87-88	76	8	17	25	34
Svensson, Leif	79-80	121	6	40	46	49
Taylor, Mark	84-86	39	3	2	5	6
Theberge, Greg	79-84	153	15	63	78	73
Thomson, Jim	86-87	10	0	0	0	35
Tooke, Tim	80-82	57	18	21	39	53
Tremblay, Brent	78-80	10	1	0	1	6
Valentine, Chris	81-84	105	43	52	95	127
Verich, Darren	80-85	257	22	109	131	154
Ververgaert, Dennis	80-81	79	14	27	41	40
Walker, Howard	80-82	80	2	12	14	126
Walter, Ryan	78-82	307	114	164	278	468
Watson, Bryan	76-79	155	4	26	30	294
White, Tony	74-78	158	37	28	65	100
Williams, Tommy	74-76	107	30	49	79	18
Wolfe, Bernie	75-79	120	0	1	1	17

continued on page 82

Sounds Great!



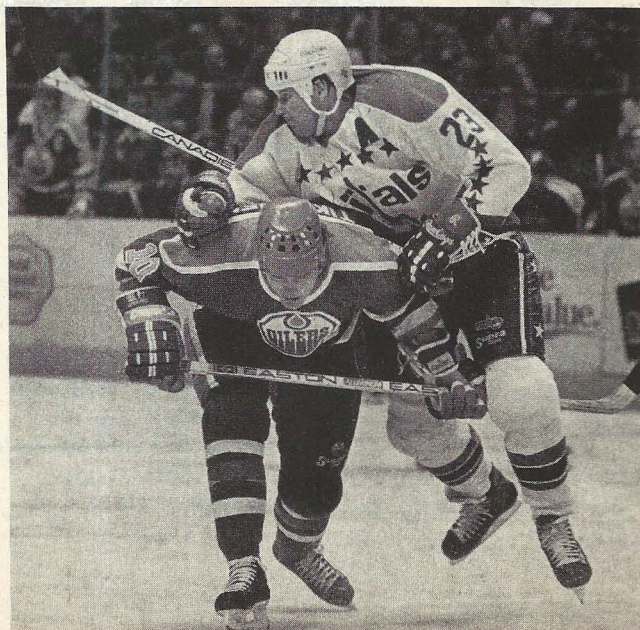
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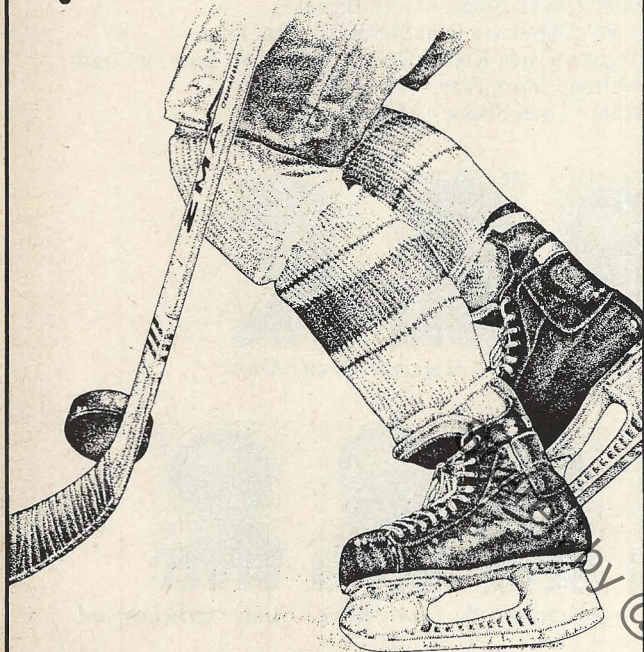
Jordan Kitt's Music is the second largest retailer of quality pianos, organs and electronic keyboards in the U.S. 15 convenient locations to serve you.

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• Ray Scapinello • Dan Schachte • Leon Stickle • Mark Vines



Ron Finn



Gerald Gauthier



Ron Hoggarth



Swede Knox

WASHINGTON

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Coordinator/Game Timekeeper:

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Official Scorer: Park Anderson, Jr.

Penalty Timekeeper: Robert Stafford

Statisticians: William Carey,

Dan Zwicker

Penalty Box: Bill Brooks, Elliot Knight

Goal Judge: John Lyon, Roger Reinke,

Jim Wiseman, Harry Schnibbe

Spare Official: Alex Maksymczuk



Bob Myers



Dave Newell




Ray Scapinello




Leon Stickle



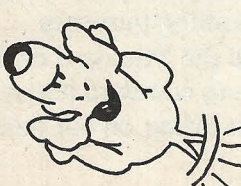
Andy vanHellemond




Purina RUBZ



The crunchy,
rib-shaped
snack your
dog won't
be able to
resist.





*Basted With
Meat Juices!*

continued from page 80

GOALTENDERS

Players	Seasons	GPI	MIN	GA	EN	SO	AVG	W	L	T
Adams, John	1974-75	8	400	46	0	0	6.90	0	7	0
Bedard, Jim	1977-79	73	4232	278	5	1	3.94	17	40	13
Belhumeur, Michel	1974-76	42	2189	194	2	0	5.32	0	29	4
Boutin, Rollie	1978-82	22	1137	75	2	0	3.96	7	10	1
Crozier, Roger	1976-77	3	103	2	0	*0	1.17	1	0	0
Inness, Gary	1978-81	54	3014	183	6	0	3.64	16	24	12
Jensen, Al	1981-87	173	9614	523	9	*8	3.26	94	48	18
Low, Ron	1974-77	145	7795	631	6	*1	4.86	30	94	9
Malarchuk, Clint	1987-88	54	2926	154	2	4	3.16	24	20	4
Mason, Bob	1983-87	60	3333	171	3	1	3.08	31	20	6
Moore, Robbie	1982-83	1	20	1	1	0	3.00	0	1	0
Palmateer, Mike	1980-82	60	3263	219	6	2	4.03	20	26	11
Parro, Dave	1980-84	77	4015	274	7	2	4.09	21	36	10
Peeters, Pete	1985-88	106	5919	308	9	3	3.03	50	34	12
Riggin, Pat	1982-86	143	8217	414	12	*6	3.02	67	46	19
Smith, Gary	1977-78	17	980	68	2	0	4.16	2	12	3
Stephenson, Wayne	1979-81	76	4156	253	5	1	3.65	22	31	15
Wolfe, Bernie	1975-79	120	6104	424	5	1	4.17	20	61	21

*—Shared Shutout



NATIONAL HOCKEY LEAGUE FINAL 87-88 STANDINGS

CLARENCE CAMPBELL CONFERENCE

Norris Division

	GP	W	L	T	GF	GA	PTS	PCTG
Detroit	80	41	28	11	322	269	93	.581
St. Louis	80	34	38	8	278	294	76	.475
Chicago	80	30	41	9	284	328	69	.431
Toronto	80	21	49	10	273	345	52	.325
Minnesota	80	19	48	13	242	349	51	.319

Smythe Division

	GP	W	L	T	GF	GA	PTS	PCTG
Calgary	80	48	23	9	397	303	105	.656
Edmonton	80	44	25	11	363	288	99	.619
Winnipeg	80	33	36	11	292	310	77	.481
Los Angeles	80	30	42	8	318	359	68	.425
Vancouver	80	25	46	9	272	320	59	.369

PRINCE OF WALES CONFERENCE

Adams Division

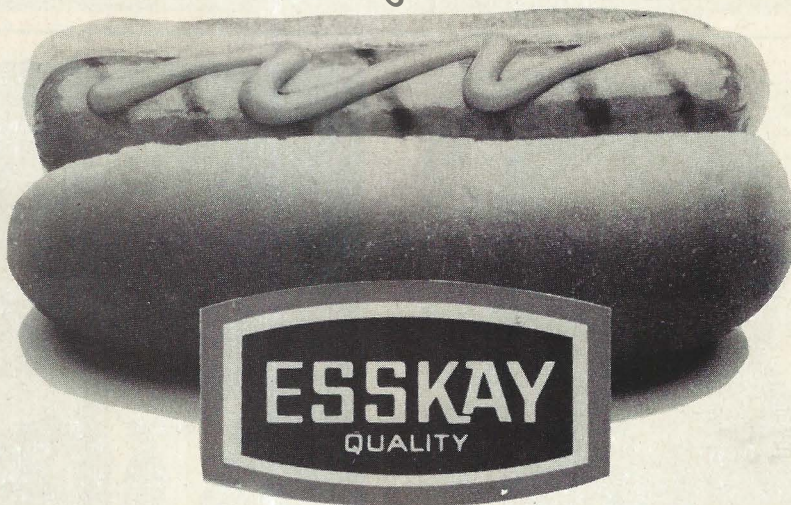
	GP	W	L	T	GF	GA	PTS	PCTG
Montreal	80	45	22	13	298	238	103	.644
Boston	80	44	30	6	300	251	94	.588
Buffalo	80	37	32	11	283	305	85	.531
Hartford	80	35	38	7	249	267	77	.481
Quebec	80	32	43	5	271	306	69	.431

Patrick Division

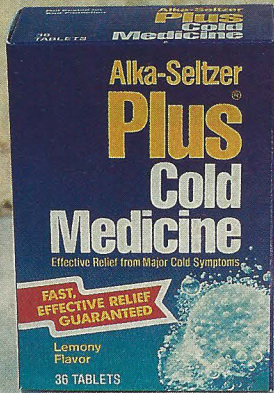
	GP	W	L	T	GF	GA	PTS	PCTG
NY Islanders	80	39	31	10	308	267	88	.550
Washington	80	38	33	9	281	249	85	.531
Philadelphia	80	38	33	9	292	292	85	.531
New Jersey	80	38	36	6	295	296	82	.513
NY Rangers	80	36	34	10	300	283	82	.513
Pittsburgh	80	36	35	9	319	316	81	.506



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WMAL/WCAO

For the third straight season WMAL (630 AM) will be the flagship station of the Washington Capitals. WMAL has a great tradition for sports broadcasting, having been the home of the Maryland Terrapins and Washington Redskins for many years.

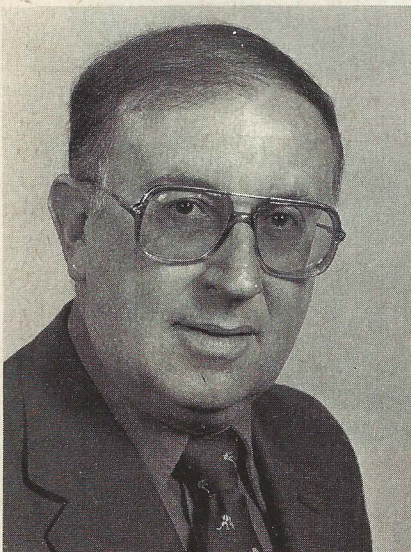
Baltimore area hockey fans will be able to follow the Capitals on WCAO (600 AM), marking the second straight season of Caps hockey on WCAO.

RON WEBER

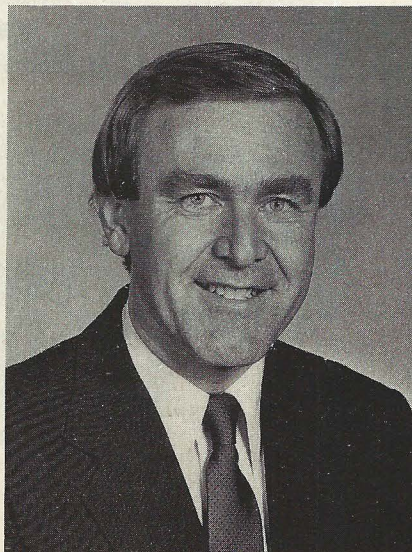
The Capitals have played 1,167 games during the regular season and playoffs, and Ron Weber has been there for all of them. The veteran broadcaster began his hockey career as the voice of the Baltimore Clippers from 1970 to 1972, and later became the voice of the Capitals in 1974.

In addition to his hockey duties, Ron does weekend sports at WMAL, and has done various Major League Games of the Week on radio.

Ron lives in Wheaton, Maryland with his wife, Mary Jane and daughter, Amy.



Ron Weber



Mike Fornes

WDCA-TV (Channel 20) and HOME TEAM SPORTS

WDCA begins its 12th season of Washington Capitals hockey, broadcasting 20 road games during the 1988-89 season. WDCA also serves as the home of the Washington Bullets and Baltimore Orioles.

HTS has served as the cable home of the Capitals since the 1984 Stanley Cup Playoffs, and will broadcast 35 games throughout the season. HTS also broadcasts the Baltimore Orioles, Washington Bullets and Baltimore Blast, and will continue coverage of college football and basketball.

MIKE FORNES

The Emmy Award-winning broadcaster begins his fifth full season as the television voice. Mike's interest in hockey came early, as he was the stickboy for the Dayton Gems of the International Hockey League

for three seasons.

A graduate of Kent State, the Dayton, Ohio, native began his professional broadcasting career as the voice of the Muskegon Mohawks of the IHL.

Following the Mohawks, Fornes was the voice of the Indianapolis Racers of the World Hockey Association, where he broadcasted Wayne Gretzky's first professional game. Mike got his first taste of NHL broadcasting as the play-by-play man for the Hartford Whalers. He left the Whalers in 1984 to become voice of the Capitals.

Aside from hockey broadcasts, Mike did minor league baseball for the Indianapolis Indians before coming to Washington.

AL KOKEN

Al also returns for his fifth season of Capitals hockey. The St. Louis native has spent his entire broadcast career in the Washington area. After graduating from American University in 1975, Koken began covering the Capitals and Bullets for United Press International for five years. Al also served as co-host of "Sports Talk" on WTOP radio for two and a half years, and later became sports anchor for WTTG television for three years. Al spends his summer months in Washington, cheering the exploits of Whitey Herzog and the St. Louis Cardinals.

JEFF RIMER

The Toronto native begins his fourth season of broadcasting Capitals hockey on Home Team Sports. Jeff is the host of the popular "Capitals Report" pre-game show, and his contacts throughout hockey have made him the NHL's top prognosticator with his "Rimer's Rumors." Jeff worked for CFCF in Canada before coming to Home Team Sports.

Jeff is sports director for WBAL in Baltimore, and is host of the Orioles pre-game and post-game shows on WBAL. In addition, Jeff can be seen doing weekend sports on WBAL-TV and WRC-TV.

Jeff lives in Cockeysville with his wife, Ferrell, son, Josh and daughter, Kylie.

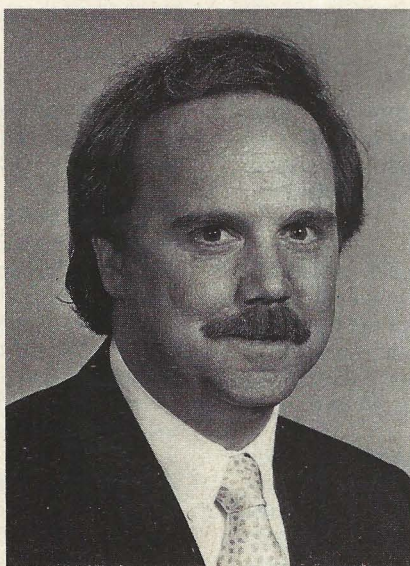


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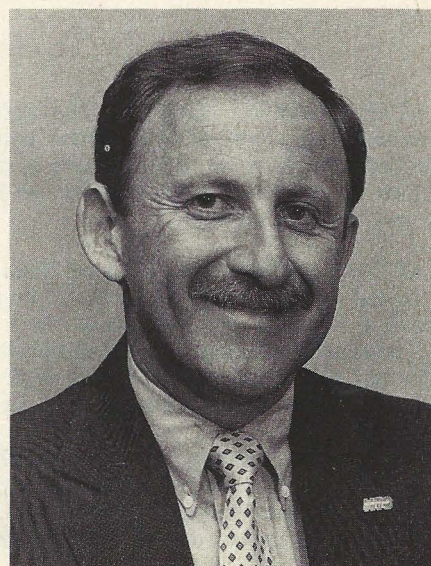
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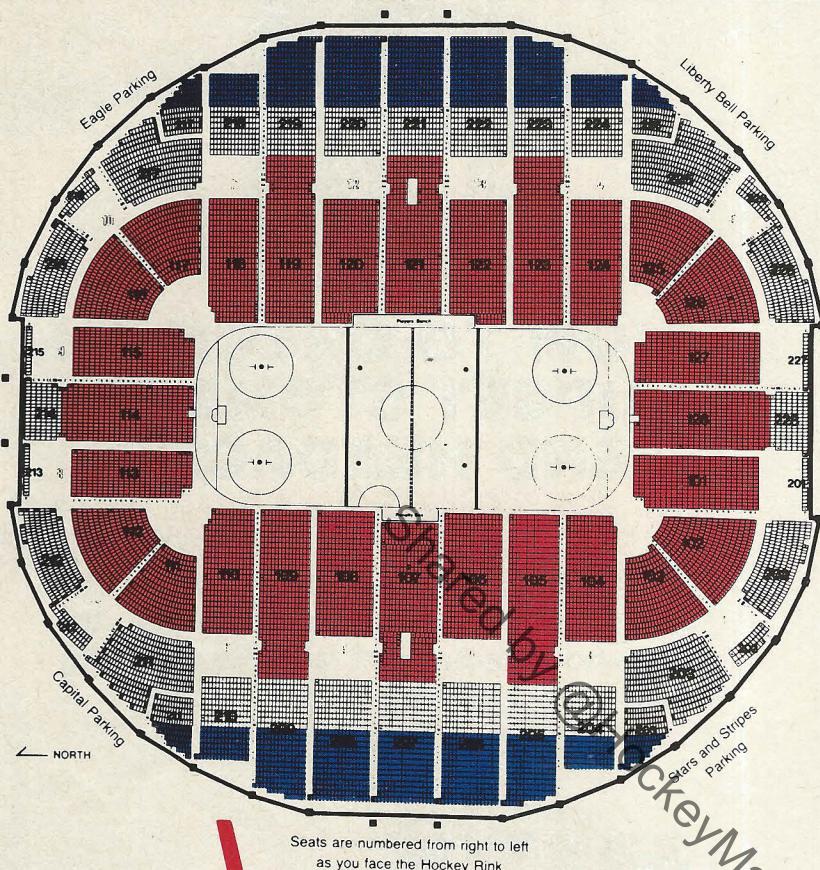


Al Koken



Jeff Rimer

TICKET INFORMATION



AT THE CAPITAL CENTRE... The Capital Centre Box Office, located next to the Stars & Stripes entrance, is open daily between the hours of 10 a.m. and 5:30 p.m. and will remain open on event days/nights only for one hour after scheduled event starting time.

AT THE GAME... The Advance Sales Window inside the Capital Centre is located near Portal 1 on the main concourse level and is open approximately one hour before the game and approximately one hour after the scheduled starting time. Tickets for all Capitals home games as well as all events at the Capital Centre may be purchased at the Advance Sales Window.

SEASON TICKETS AND TEN-GAME PLANS... Are still available for the 1988-89 season... Guarantee prime seating locations for the Stanley Cup Champion Oilers, the Flyers, the Islanders... Your season tickets ensure priority seating at concerts and other Capital Centre events... Give them to your clients and employees... To your family and friends for an evening they'll always remember... The Caps 10-game plan gives you

HOW TO ORDER TICKETS BY MAIL

1. Specify date of game or games and the **number** and **price** of tickets desired.
2. Make check or money order payable to the **Capital Centre**. (Please do not send cash.)
3. Add \$2.00 postage and handling charges.
4. Mail to **WASHINGTON CAPITALS, ATTN: MAIL ORDER DEPARTMENT, CAPITAL CENTRE, LANDOVER, MD, 20785.**

NOTE: Individual tickets for the Caps 1988-89 home-game schedule will go on sale on the following dates—Games 11-20 on Nov. 4; Games 21-30 on Dec. 6; and Games 31-40 on Jan. 20.

NOTE: CAPITALS tickets purchased at the arena or in advance may be charged to VISA, MASTER CARD, DISCOVER CARD, or AMERICAN EXPRESS credit cards.

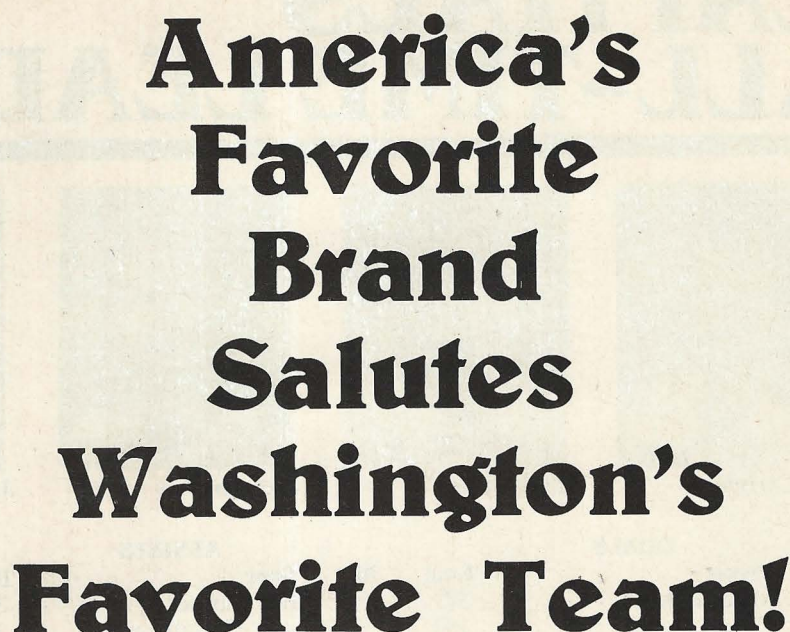
Admission Prices

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the chance to see the 10 games of your choice... In addition, Caps 10-game plan holders receive priority seating for the Stanley Cup playoffs... Call 386-7000 for further ticket information!

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TicketCenter PHONECHARGE... In addition to over 55 TicketCenter outlets conveniently located throughout the Maryland-Virginia-D.C. region, you can charge your tickets by phone by calling the TicketCenter Phonecharge at (202) 432-0200, or if outside the metro area, call our toll-free number, 1-800-448-9009... Caps tickets are just a phone call away!



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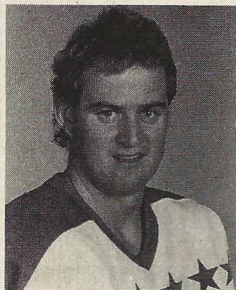
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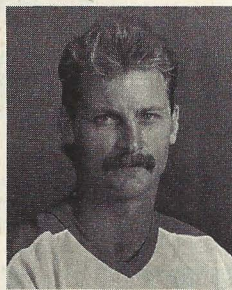
CAPITALS ALL-TIME LEADERS



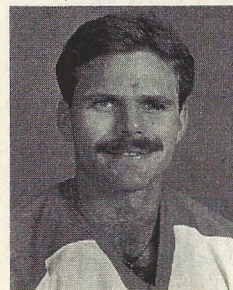
Dave Christian



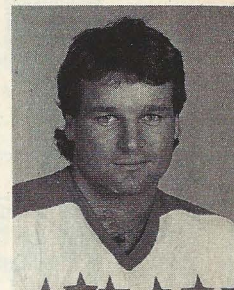
Scott Stevens



Rod Langway



Mike Gartner



Dale Hunter

GOALS

No.	Player	Total
1.	Mike Gartner	371
2.	Dennis Maruk	182
3.	Bengt Gustafsson	178
4.	Bob Carpenter	177
5.	Dave Christian	156
6.	Bob Gould	129
	Alan Haworth	129
8.	Guy Charron	118
9.	Ryan Walter	114
10.	Craig Laughlin	110

ASSISTS

No.	Player	Total
1.	Mike Gartner	363
2.	Bengt Gustafsson	308
3.	Dennis Maruk	249
4.	Scott Stevens	241
5.	Larry Murphy	230
6.	Bob Carpenter	190
	Dave Christian	185
8.	Craig Laughlin	173
9.	Ryan Walter	164
10.	Guy Charron	156

POINTS

No.	Player	Total
1.	Mike Gartner	734
2.	Bengt Gustafsson	486
3.	Dennis Maruk	431
4.	Bob Carpenter	367
5.	Dave Christian	341
6.	Scott Stevens	321
7.	Larry Murphy	308
8.	Craig Laughlin	283
9.	Ryan Walter	278
10.	Guy Charron	274

PENALTY MINUTES

No.	Player	Total
1.	Scott Stevens	1251
2.	Yvon Labre	756
3.	Mike Gartner	699
4.	Greg Adams	694
5.	Gord Lane	614
6.	Randy Holt	525
7.	Paul Mulvey	487
8.	Ryan Walter	468
9.	Lou Franceschetti	439
10.	Bob Gould	411

GAMES

No.	Player	Total
1.	Mike Gartner	702
2.	Bengt Gustafsson	557
3.	Bob Gould	525
4.	Scott Stevens	465
5.	Rod Langway	451
	Gaetan Duchesne	451
7.	Craig Laughlin	428
8.	Bob Carpenter	422
9.	Dave Christian	396
10.	Larry Murphy	388

LONG-TERM CAPITALS

9 Seasons:	Mike Gartner
8 Seasons:	Bengt Gustafsson
7 Seasons:	Yvon Labre, Bob Gould

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HOCKEY'S THREE MAIN RULES

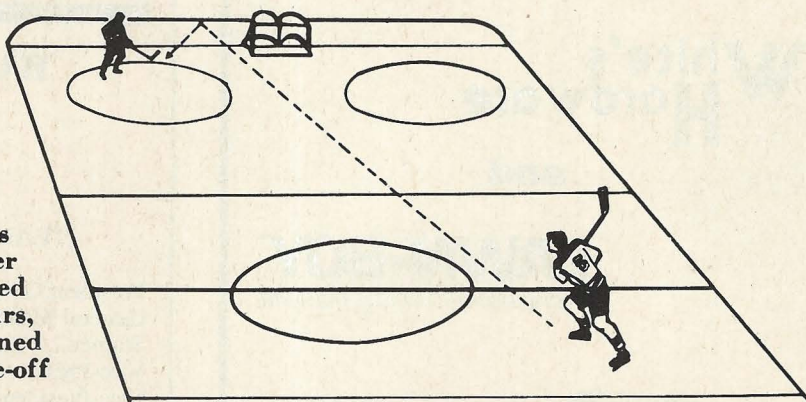
Learn these rules and you will know the cardinal principles of hockey

ICING THE PUCK

Icing the puck is *not* permitted when the teams are at *equal numerical strength*. Thus it is an infraction when a player on his team's side of the red center line shoots the puck all the way down the ice, it crosses the red goal line at any point other than the goal itself and is first touched by a defending player. When this occurs, play is stopped and the puck is returned to the other end of the ice for a face-off in the offending team's zone.

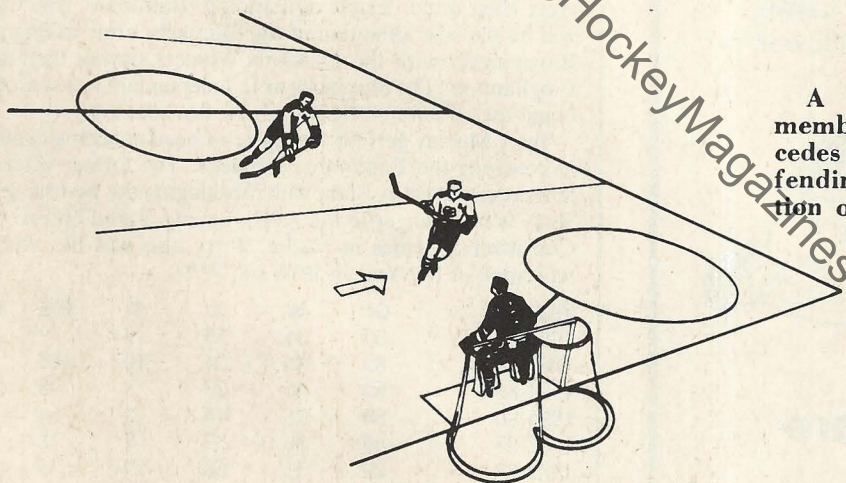
Icing the puck is *not* called if:

- a) the goalie plays the puck by leaving his net;
- b) if puck cuts across part of the goal crease;
- c) when a defending opponent, in the judgment of the linemen, could have played the puck before it crossed the red goal line;
- d) when an attacking player who was onside (in the same zone) when the puck was shot down the ice, manages to touch it first; and
- e) when a team is playing shorthanded because of a penalty or penalties.



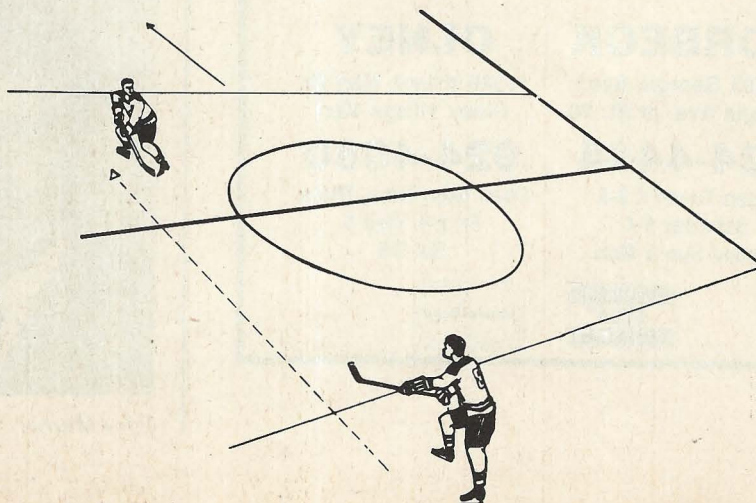
OFFSIDE

A team is offside when any member of the attacking team precedes the puck carrier over the defending team's blue line. The position of the player's skates and not that of his stick is the determining factor. If both skates are over the blue line before the puck, the player is offside. If he has only one skate over the blue line and one on it, he is onside.



OFFSIDE PASS

When a player passes the puck from his defending zone to a teammate beyond the center red line (thus crossing the blue line and the red line) it is an offside pass. The position of the puck (not the player's skates in this case) is the determining factor in deciding from which zone the pass was made.



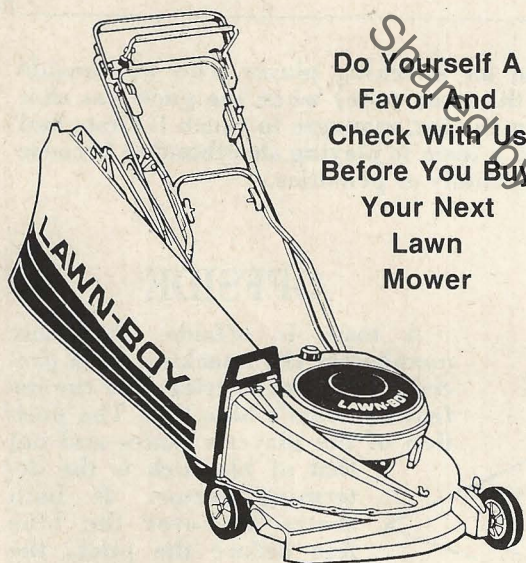
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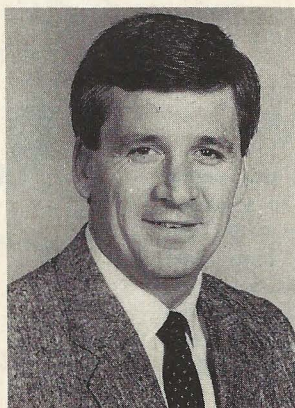
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After a four-year-working agreement with the Binghamton Whalers, the Washington Capitals signed a two-year deal to move their minor league affiliation to Baltimore. The Capitals will be the sole affiliation of the Skipjacks after having shared Binghamton with the Hartford Whalers during their stay in Binghamton. The Skipjacks were independent last season after being the affiliate of Pittsburgh for five seasons.

Terry Murray gets his first taste of head coaching experience in coaching the Baltimore Skipjacks. The former veteran defenseman was an assistant with Washington the past six seasons. Terry is no stranger to the AHL, having played on two Calder Cup-winning teams in Maine. Terry also was the AHL Defenseman of the Year in 1978 and 1979.

YEAR	GP	W	L	T	Pts	Finish
1982-83	80	35	36	9	79	5th
1983-84	80	46	24	10	102	1st
1984-85	80	45	27	8	98	2nd
1985-86	80	28	44	8	64	7th
1986-87	80	36	37	8	78	5th
1987-88	80	13	58	9	35	7th



Terry Murray



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WASHINGTON CAPITALS 1988-89 SCHEDULE

OCTOBER

Fri. 7	PITTSBURGH	8:05 HTS
Sat. 8	BUFFALO	7:35
Tue. 11	@ Pittsburgh	7:35 CH20
Fri. 14	TORONTO	8:05 HTS
Sat. 15	NEW JERSEY	7:35 HTS
Wed. 19	@ NY Rangers	7:35
Fri. 21	NY RANGERS	8:05 HTS
Sun. 23	@ Winnipeg*	3:35
Tue. 25	@ Vancouver	10:35
Fri. 28	@ Calgary	9:35
Sat. 29	@ Edmonton	8:05

NOVEMBER

Tue. 1	@ Detroit	7:35 CH 20
Fri. 4	NY ISLANDERS	8:05 HTS
Sat. 5	@ NY Islanders	7:05
Thu. 10	QUEBEC	7:35 HTS
Sat. 12	NEW JERSEY	7:35 HTS
Tue. 15	MINNESOTA	7:35 HTS
Fri. 18	HARTFORD	8:05 HTS

Sat. 19	@ New Jersey	7:45
Tue. 22	@ NY Islanders	8:05 CH20
Wed. 23	NY ISLANDERS	8:05 HTS
Fri. 25	PITTSBURGH	8:05 HTS
Sun. 27	@ Detroit	7:05
Tue. 29	ST. LOUIS	7:35 HTS
Wed. 30	@ Pittsburgh	7:35 CH20

DECEMBER

Sat. 3	BOSTON	7:35 HTS
Tue. 6	PHILADELPHIA	7:35 HTS
Wed. 7	@ New Jersey	7:45 CH20
Sat. 10	@ Montreal	8:05
Sun. 11	@ Buffalo	7:05
Tue. 13	@ Quebec	7:35
Thu. 15	@ Philadelphia	7:35 CH20
Sat. 17	WINNIPEG	8:35 HTS
Mon. 19	@ NY Rangers	7:35 CH20
Wed. 21	@ Chicago	8:35 CH20
Fri. 23	NY RANGERS	8:05 HTS

Tue. 27	PHILADELPHIA	7:35 HTS
Fri. 30	BUFFALO	8:05
Sat. 31	@ NY Islanders	7:05

JANUARY

Mon. 2	PITTSBURGH*	1:35 HTS
Wed. 4	@ NY Rangers	7:35 CH20
Fri. 6	TORONTO	8:05
Sat. 7	CHICAGO	7:35 HTS
Tue. 10	@ Quebec	7:35
Wed. 11	@ Toronto	7:35 CH20
Fri. 13	EDMONTON	8:05 HTS
Sun. 15	BOSTON*	1:35 HTS
Fri. 20	NEW JERSEY	8:05 HTS
Sun. 22	DETROIT*	12:05 HTS
Tue. 24	LOS ANGELES	7:35 HTS
Thu. 26	@ Philadelphia	7:35 CH20
Sat. 28	@ St. Louis	8:35
Mon. 30	@ Minnesota	8:35

FEBRUARY

Wed. 1	@ NY Rangers	7:35
Fri. 3	HARTFORD	8:05 HTS
Sun. 5	PHILADELPHIA*	1:35 HTS
Fri. 10	LOS ANGELES	8:05 HTS
Sat. 11	CALGARY	7:35 HTS
Tue. 14	@ St. Louis	8:35 CH20
Wed. 15	@ Chicago	8:35
Fri. 17	@ Edmonton	9:35 CH20
Sun. 19	@ Vancouver	10:05
Mon. 20	@ Calgary	9:35 CH20
Wed. 22	@ Los Angeles	10:35
Tue. 28	MINNESOTA	7:35

MARCH



Fri. 3	PITTSBURGH	8:05 HTS
Sun. 5	VANCOUVER*	1:35
Wed. 8	@ Montreal	7:35 CH20
Thu. 9	@ Boston	7:35 CH20
Sat. 11	NY RANGERS	7:35 HTS
Tue. 14	WINNIPEG	7:35 HTS
Fri. 17	MONTREAL	8:05 HTS
Sat. 18	@ Hartford	7:35
Wed. 22	@ Pittsburgh	7:35 CH20
Fri. 24	PHILADELPHIA	8:05 HTS
Sun. 26	NY ISLANDERS*	5:05 HTS
Tue. 28	@ NY Islanders	8:05 CH20
Thu. 30	@ Philadelphia	7:35 CH20

APRIL

Sat. 1	NEW JERSEY	7:35 HTS
Sun. 2	@ New Jersey	7:45 CH20


*Indicates afternoon game.

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